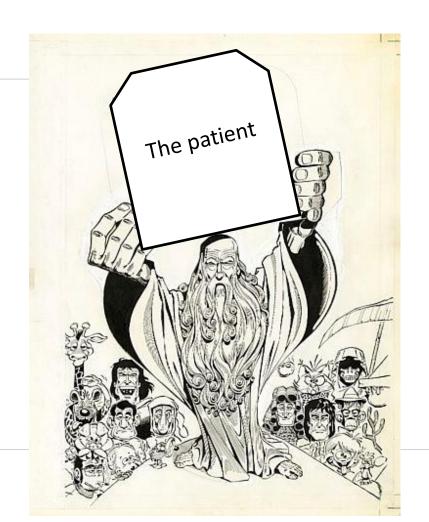
The 10 most powerful new commandments in managing valvular heart disease

Bernard Cosyns, MD, PhD, FESC, FEACVI











The patient centered care and shared DM

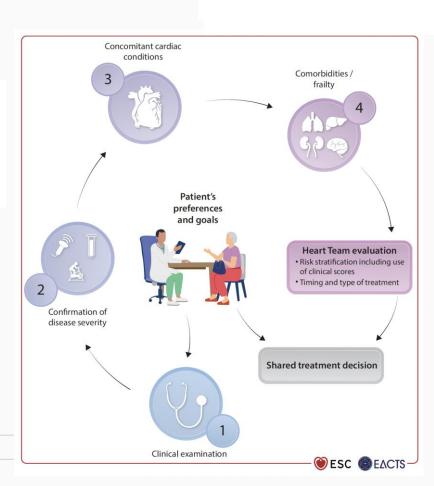
2025 ESC/EACTS Guidelines for the management of valvular heart disease

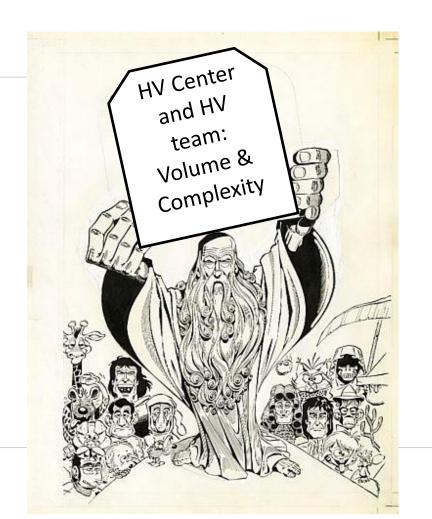
Developed by the task force for the management of valvular heart disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Authors/Task Force Members:

Fabien Praz (ESC Chairperson) (Switzerland), Michael A. Borger (EACTS Chairperson) (Germany), Jonas Lanz (ESC Task Force Co-ordinator) (Switzerland), Mateo Marin-Cuartas (EACTS Task Force Co-ordinator) (Germany), Ana Abreu (Portugal), Marianna Adamo (Italy), Nina Ajmone Marsan (Netherlands); Fabio Barili (Italy), Nikolaos Bonaros (Austria), Bernard Cosyns (Belgium), Ruggero De Paulis (Italy), Habib Gamra (Tunisia), Marian Jahangiri (United Kingdom), Anders Jeppsson (Sweden), Robert J.M. Klautz (Netherlands), Benoit Mores (Belgium), Esther Pérez-David (Spain), Janine Pöss (Germany), Bernard D. Prendergast (United Kingdom), Bianca Rocca (Italy), Xavier Rossello (Spain), Mikio Suzuki (Serbia), Holger Thiele (Germany), Christophe Michel Tribouilloy (France), Wojtek Wojakowski (Poland).









Heart Valve Centre: high volumes for complex interventions

Transcatheter interventions Transfemoral TAVI in patients with high-risk features: Low coronary ostia Difficult femoral anatomy Bicuspid valve Severe calcification protruding into the LVOT Severe LV and/or RV impairment Pure AV regurgitation Multiple valve disease Complex coronary artery disease Severe extracardiac disease (e.g. renal failure, PH) Non-transfemoral TAVI Valve-in-valve (including TAV-in-TAV) All leaflet modification procedures (BASILICA, LAMPOON etc.) PVL closure

Tricuspid or mitral valve-in-ring or valve-in-valve, valve-in-MAC

Complex M-TEER

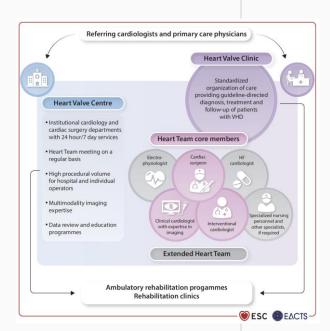
TMVI

Redo M-TEER procedures

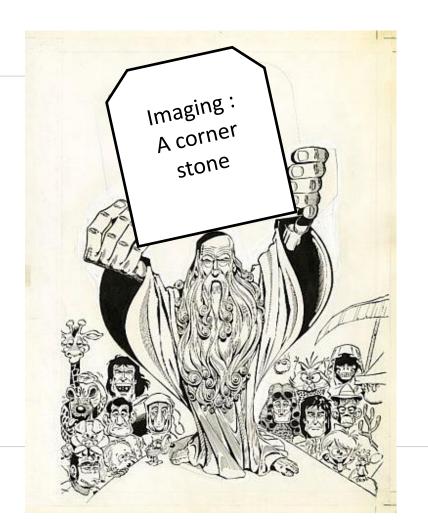
All tricuspid procedures

Surgical interventions High-risk procedures (especially in patients with LV and/or RV impairment)

- · Redo procedures
- Minimally invasive and robotic valve surgery
- · Complex MV repair
 - o Barlow disease
 - o Anterior or bileaflet prolapse
 - High risk of SAM
 - Severe MAC
- AV repair
- Ross procedure
- Valve surgery combined with complex surgery of the aorta
- · Endocarditis surgery

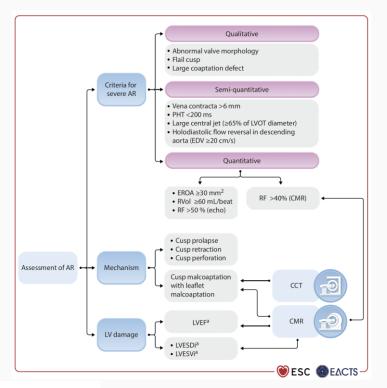


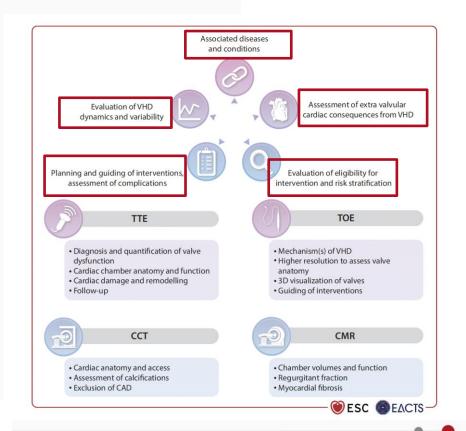






Imaging: an holistic and integrative approach







New an revised recommendations

Imaging: Prominent role of CCTA

Recommendations	Class	Level
Diagnosis of coronary artery disease		
Omission of invasive coronary angiography should be considered in TAVI candidates, if	lla	В
procedural planning CCTA is of sufficient quality to rule out significant CAD.	<u>III.a</u>	В



CCTA should be considered as an alternative to coronary angiography before valve surgery in patients with severe VHD and low probability of CAD.

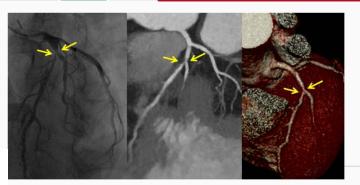
lla

2

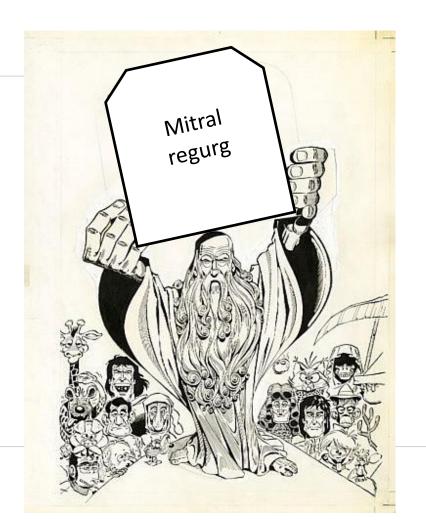
CCTA is recommended before valve intervention in patients with moderate or lower (≤50%) pre-test likelihood of obstructive CAD.



В



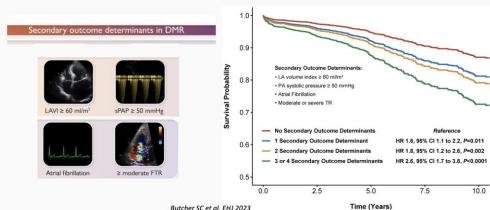


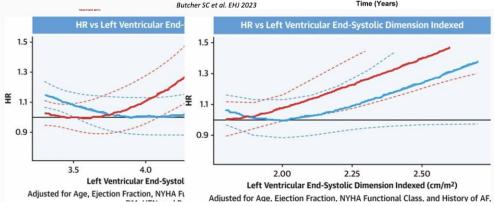




Recommendations PMR

Management





Recommendations	Class ^a	Level ^b
MV surgery is recommended in asymptomatic patients with severe PMR and LV dysfunction (LVESD ≥40 mm or LVESDi ≥20 mm/m ² or LVEF ≤60%). ^{522,544,545}	1	В
Surgical MV repair is recommended in low-risk asymptomatic patients with severe PMR without LV dysfunction (LVESD <40 mm, LVESDi <20 mm/m², and LVEF >60%) when a durable result is likely, if at least three of the following criteria are fulfilled: 517,547,562–564 • AF • SPAP at rest >50 mmHg • LA dilatation (LAVI ≥60 mL/m² or LA diameter ≥55 mm) • Concomitant secondary TR ≥ moderate.	1	В
MV surgery should be considered in asymptomatic patients with severe PMR without LV dysfunction (LVESD <40 mm, LVESDi <20 mm/m², and LVEF >60%) in the presence of PH (SPAP at rest >50 mmHg), or AF secondary to MR. 517,518,562,565	lla	В





Recommendations PMR

Management

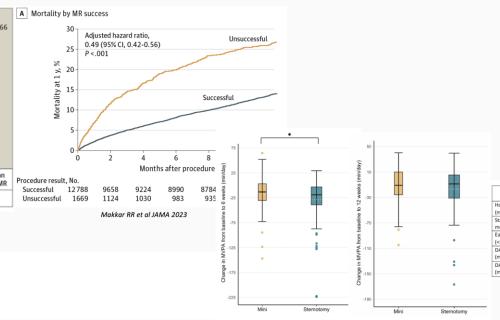
TEER should be considered in symptomatic patients with severe PMR who are anatomically suitable and at high surgical risk according to the Heart Team.

lla В

Minimally invasive MV surgery may be considered at experienced centres to reduce the length of stay and accelerate recovery.

IIb

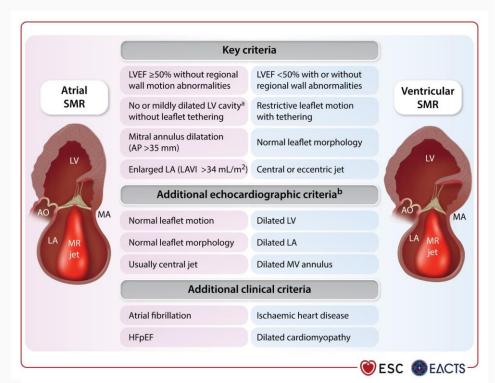
>10 Unsuccessful procedure 2067/18 766 (11.0%)mitral valve gradient, mm Hg Moderate MR Mild MR or less mitral gradient mitral gradient 5-10 mm Hg 5-10 mm Hg 2221/18 766 1207/18 766 (6.4%) (11.8%)Mild MR or less Moderate MR mitral gradient mitral gradient ≤5 mm Ha ≤5 mm Ha 3447/18 766 9824/18766 (52.4%) (18.4%)Mild MR Moderate Higher than or less moderate MR Residual MR



	Mini (N=166)	Sternotomy (N=163)	
lospital LOS in days median (IQR))	5 (3)	6 (3)	<i>p-value</i> : p=0.003
tay in intensive care (hours)- nedian (IQR)	23.03 (21.6)	21.7 (9.2)	
arly discharge <=4 days post-surgery)	55 (33.1)	25 (15.3)	Odds Ratio (95%CI); p-value 2.81 (1.6,4.94); <0.001
AOH at 30 days after surgery mean±SD; n)	23.57±4.45; 161	22.38±5.13; 147	Difference (95%CI); p-value 1.05 (1.01,1.11); 0.03
AOH at 90 days after surgery mean±SD; n)	82.7±9.96; 161	80.52±14.17; 147	Difference (95%CI); p-value 1.03 (1,1.05); 0.03

Akowuah EF et al JAMA 2023

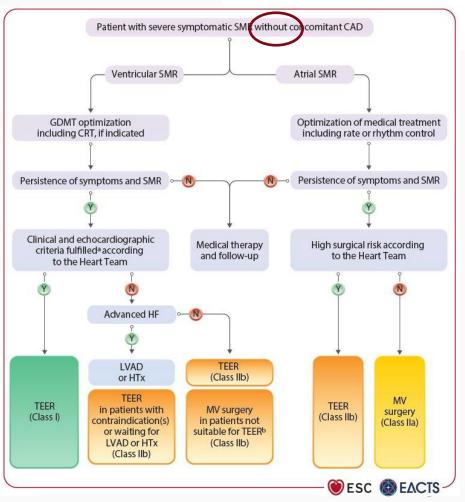
Phenotypes of SMR Different management



A LV end-diastolic dimension of <56 mm in females and <63 mm in males; indexed LV end-diastolic volume <71 mL/m2 (in women) or <79 mL/m2 (in men).

B Additional echocardiographic criteria for atrial SMR may no longer be fulfilled in advanced

stages.



Recommendations VSMR Management

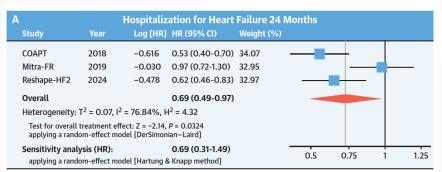
Without CAD

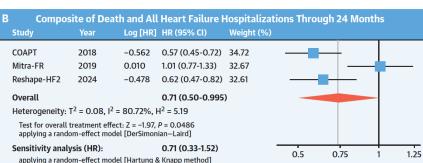
Recommendations	Class	Level
TEER is recommended to reduce HF hospitalizations and improve quality of life in haemodynamically stable, symptomatic patients with impaired LVEF (<50%) and persistent severe ventricular SMR, despite optimized GDMT and CRT (if indicated), fulfilling specific clinical and echocardiographic criteria.	1	A

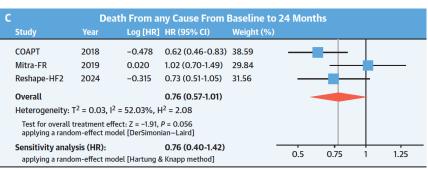
Recommendations	Class	Level
TEER may be considered for symptom improvement in selected symptomatic patients with		
severe ventricular SMR not fulfilling the specific clinical and echocardiographic criteria, after	IIb	В
careful evaluation of LVAD or HTx.		
MV surgery may be considered in symptomatic patients with severe ventricular SMR		
without advanced HF who are not suitable for TEER.	IIb	C

With CAD

Recommendations	Class	Level
MV surgery is recommended in patients with severe ventricular SMR undergoing CABG.	1	В
MV surgery may be considered in patients with moderate SMR undergoing CABG.	IIb	В
PCI followed by TEER after re-evaluation of MR may be considered in symptomatic patients with chronic severe ventricular SMR and non-complex CAD.	IIb	С







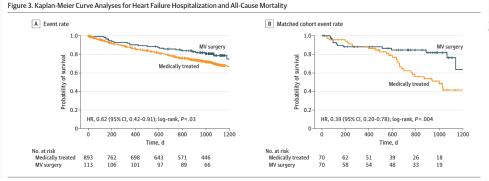
Anker MS, et al. J Am Coll Cardiol. 2024 Dec 10;84(24):2364-2368.

Recommendations ASMR Management

Recommendations	Class	Level
MV surgery, surgical AF ablation, if indicated, and LAAO should be considered in	lla	R
symptomatic patients with severe atrial SMR under optimal medical therapy.	IIa	
TEER may be considered in symptomatic patients with severe atrial SMR not eligible for	IIb	R
surgery after optimization of medical therapy including rhythm control, when appropriate.		

REVEAL-AFMR registry

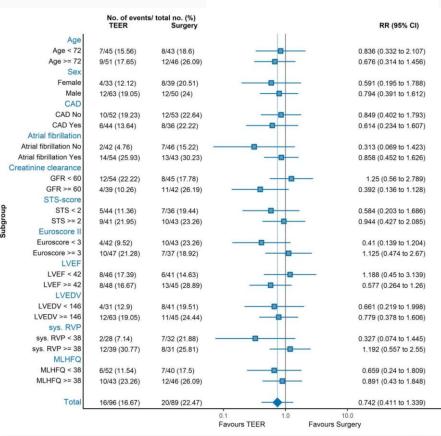




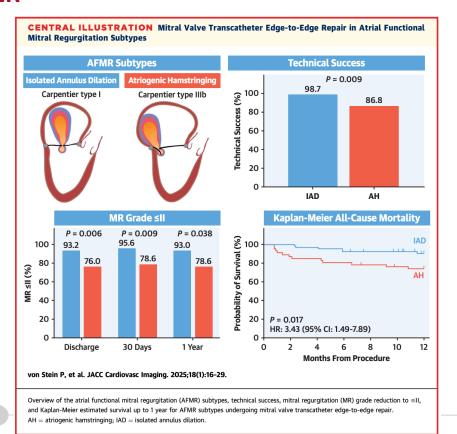
A, Patients who underwent mitral valve (MV) surgery had a significantly lower event rate compared with those treated medically. B, Propensity score time O matching to minimi immortal time bias showed similar results. HR indicates hazard ratio.

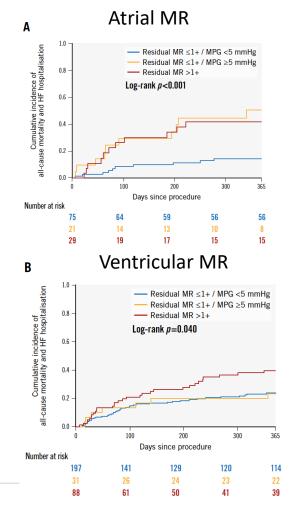
Kagiyama et al. JAMA Netw Open. 2024;7(8):e2428032.

MATTERHORN

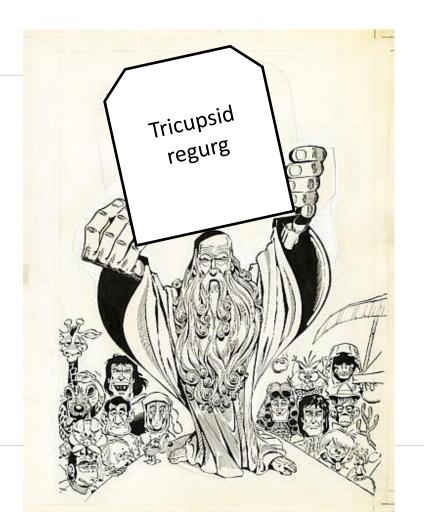


Recommendations ASMRTEER





Tanaka et al. EuroIntervention. 2024 Feb 19;20(4):e250-e260.

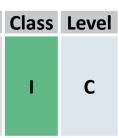


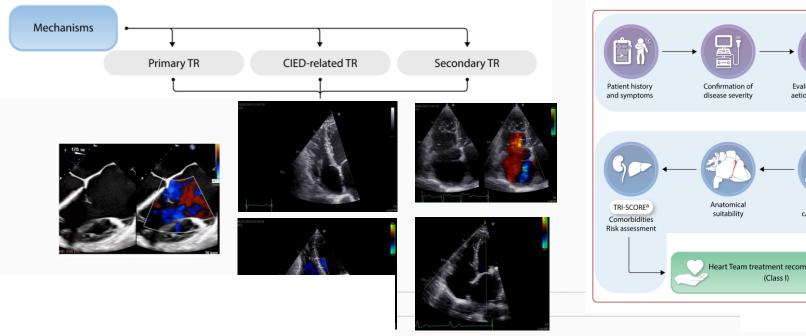


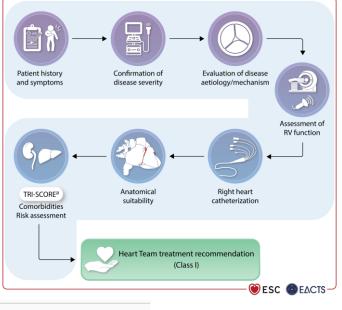
Management of patients with tricuspid regurgitation (TR)

Recommendations

Careful evaluation of TR aetiology, stage of the disease (i.e. degree of TR severity, RV and LV dysfunction, and PH), patient operative risk, and likelihood of recovery by a multidisciplinary Heart Team is recommended in patients with severe TR prior to intervention.

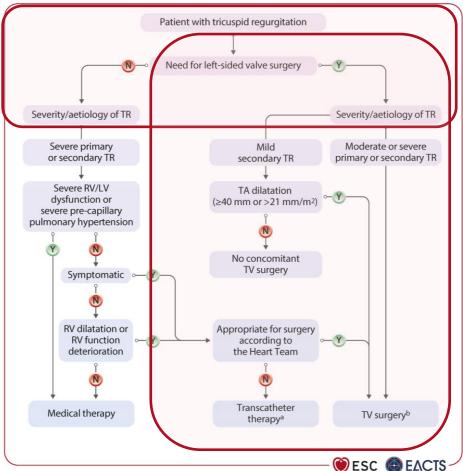




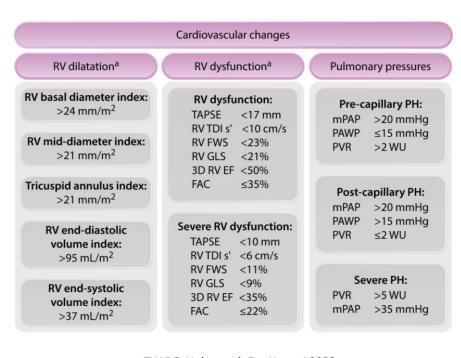


Recommendations on indications for intervention in tricuspid regurgitation

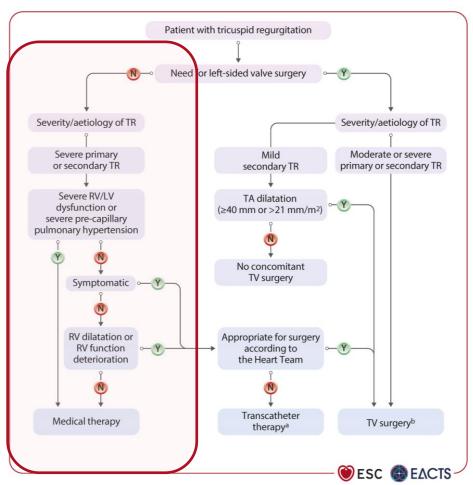




Recommendations on indications for intervention in tricuspid regurgitation



TVARC, Hahn et al, Eur Heart J 2023 Mukherjee et al, JASE 2025



Recommendations on indications for intervention in tricuspid regurgitation

JAMA | Original Investigation

Transcatheter Edge-to-Edge Repair for Severe Isolated Tricuspid Regurgitation

The Tri.Fr Randomized Clinical Trial



ESTABLISHED IN 18

AV 18 2023

VOL. 388 NO. 20

Transcatheter Repair for Patients with Tricuspid Regurgitation

Paul Sorajja, M. D., Brian Whisemant, M. D., Nadira Hamid, M. D., Hursh Nalik, M. D., Rajl Makkar, M. D., Peter Tanco, M. D., Matthew, Pircie, M. D., Gagan Singh, M. D., Neil Fam, M. D., Sabai Nar, M. D., Ionathan G., Schwartz, M. D., Shamir Mehta, M. D., Richard Bae, M. D., Nishant Sekaran, M. D., Travis Warner, M. D., Moody Makar, M. D., George Zorn, M. D., Erin M. Spinner, Ph. D., Phillip M. Trusty, Ph. D., Raymond Benza, M. D., Ulrich Jorde, M. D., Patrick McCarthy, M. D., Vinod Thourani, M. D., Gilbert H. L. Tang, M. D., Gruth Far L. Warner, M. D., Warner, M. D.,

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Transcatheter Valve Replacement in Severe Tricuspid Regurgitation

R.T. Hahn, R. Makkar, V.H. Thourani, M. Makar, R.P. Sharma, C. Haeffele, C.J. Davidson, A. Narang, B. O'Neill, J. Lee, P. Yadav, F. Zahr, S. Chadderdon, M. Eleid, S. Pislaru, R. Smith, M. Szerlip, B. Whisenant, N.K. Sekaran, S. Garcia, T. Stewart-Dehner, H. Thiele, R. Kipperman, K. Koulogiannis, D.S. Lim, D. Fowler, S. Kapadia, S.C. Harb, P.A. Grayburn, A. Sannino, M.J. Mack, M.B. Leon, P. Lurz, and S.K. Kodali, for the TRISCEND II Trial Investigators*

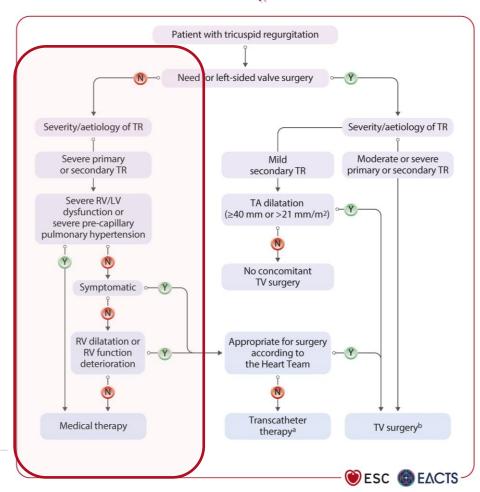


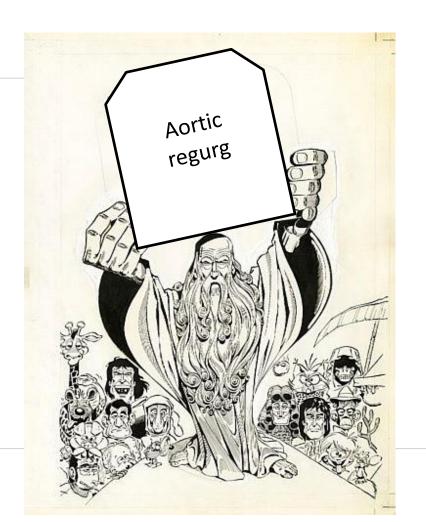
Recommendations

Class Level

Patients with severe tricuspid regurgitation without left-sided valvular heart disease requiring surgery

Transcatheter TV treatment should be considered to improve quality of life and RV remodelling in high-risk patients with symptomatic severe TR despite optimal medical therapy in the absence of severe RV dysfunction or pre-capillary PH.

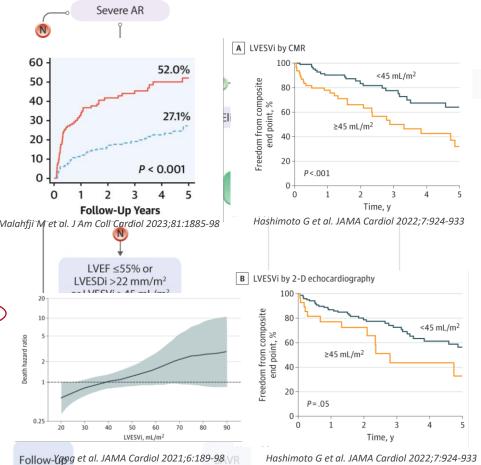




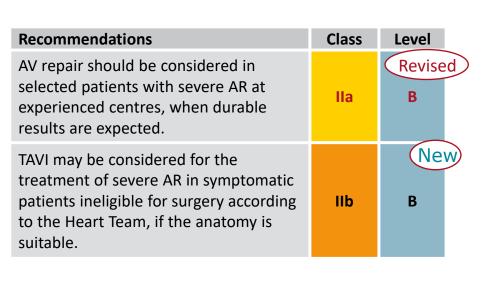


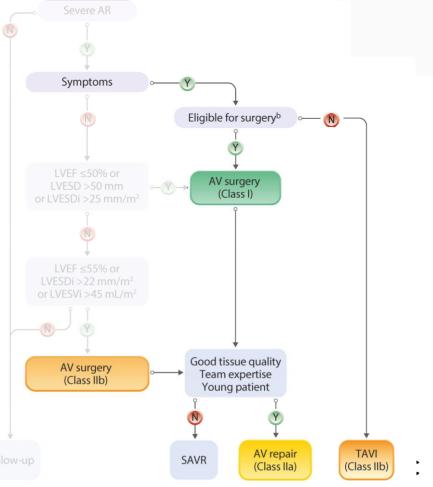
Indication for intervention in AR

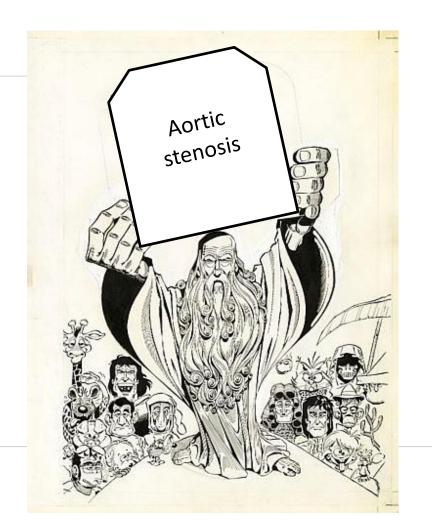
Recommendations	Class	Level	
AV surgery is recommended in symptomatic patients with severe AR regardless of LV function.	1	В	
AV surgery is recommended in asymptomatic patients with severe AR and LVESD >50 mm or LVESDi >25 mm/m² [especially in patients with small body size (BSA <1.68 m²)] or resting LVEF ≤50%.	1	В	М
AV surgery may be considered in asymptomatic patients with severe AR and LVESDi >22 mm/m², LVESVi >45 mL/m² [especially in patients with small body size (BSA <1.68 m²)], or resting LVEF ≤55%, if the surgical risk is low.	IIb	Revised B	>



Mode of treatment

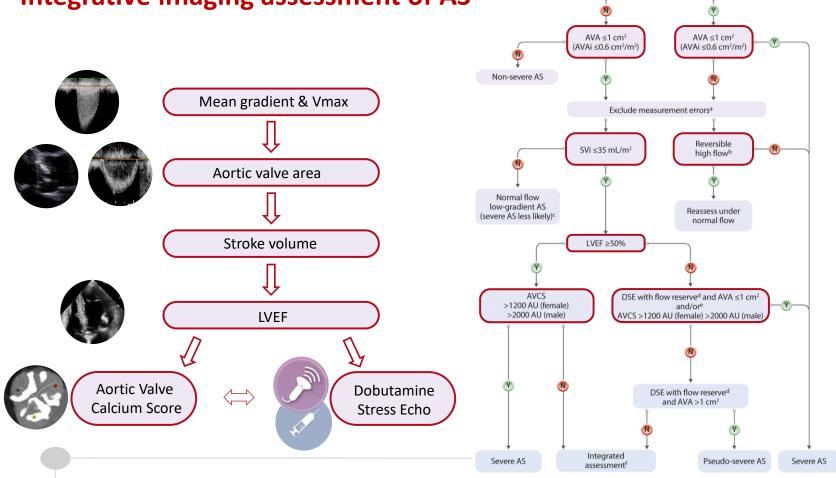








Integrative imaging assessment of AS



Vmax ≥4 m/s and mean PG ≥40 mmHq

Management of symptomatic severe AS

Recommendations	Class	Level
Intervention is recommended in symptomatic patients with severe, high-gradient AS [mean gradient \geq 40 mmHg, $V_{max} \geq$ 4.0 m/s, AVA \leq 1.0 cm ² (or \leq 0.6 cm ² /m ² BSA)].	1	В
Intervention is recommended in symptomatic patients with low-flow (SVi ≤35 mL/m²), low-gradient (<40 mmHg) AS with reduced LVEF (<50%) after careful confirmation that AS is severe.	1	Rev

irrespective of evidence of flow (contractile) reserve

Intervention should be considered in symptomatic patients with low-flow (SVi ≤35 mL/m²), low-gradient (<40 mmHg) AS with normal LVEF (≥50%) after careful confirmation that AS is severe.

Revised

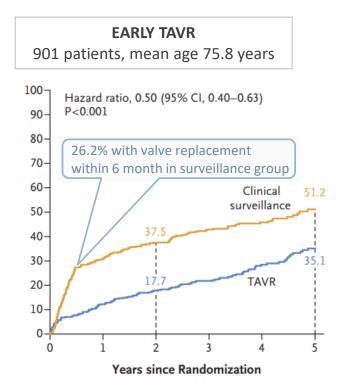
lla

Management asymptomatic severe AS

Recommendations	Class	Level	
Intervention is recommended in asymptomatic patients with severe AS and LVEF <50% without another cause.	1	В	
Intervention should be considered in asymptomatic patients (confirmed by a normal exercise test, if feasible) with severe, high-gradient AS and LVEF ≥50% as an alternative to close active surveillance, if the procedural risk is low.	lla	Ne ^o	w
 Intervention should be considered in asymptomatic patients with severe AS and LVEF ≥50% if the procedural risk is low and one of the following parameters is present: Very severe AS (mean gradient ≥60 mmHg or V_{max} >5.0 m/s) Severe valve calcification (ideally assessed by CCT) and V_{max} progression ≥0.3 m/s/year. Markedly elevated BNP/NT-proBNP levels (more than three times age- and sex-corrected normal range, confirmed on repeated measurement without other explanation). LVEF <55% without another cause. 	lla	В	
Intervention should be considered in asymptomatic patients with severe AS and a sustained fall in BP (>20 mmHg) during exercise testing.	lla	С	

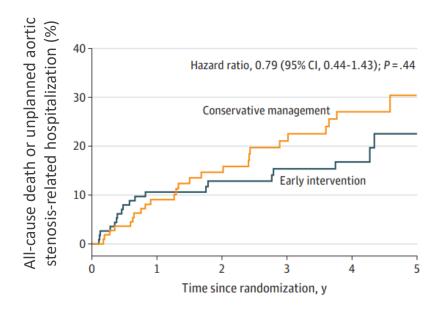
RCTs in patients with asymptomatic severe AS





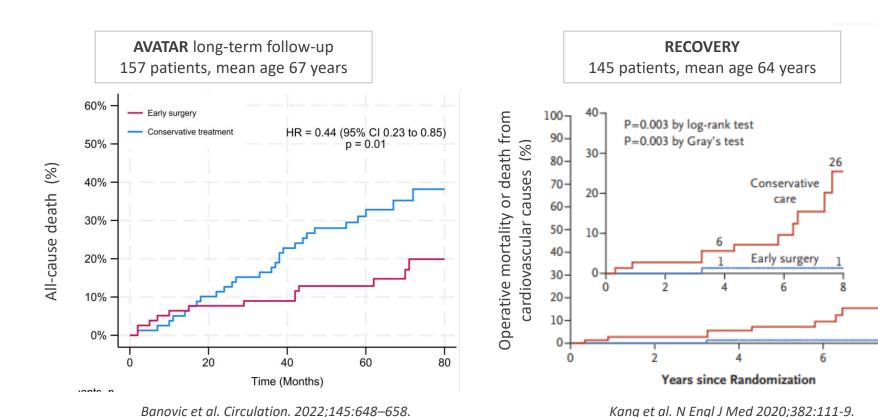
Généreux et al. N Engl J Med 2025;392:217-27

EVOLVED224 patients, mean age 73 years

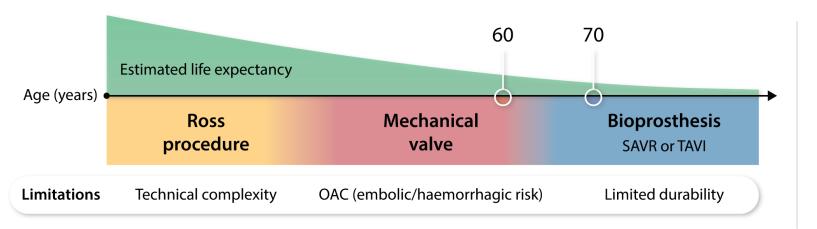


Loganathan et al. JAMA 2025;333(3):213-221

RCTs in asymptomatic severe AS

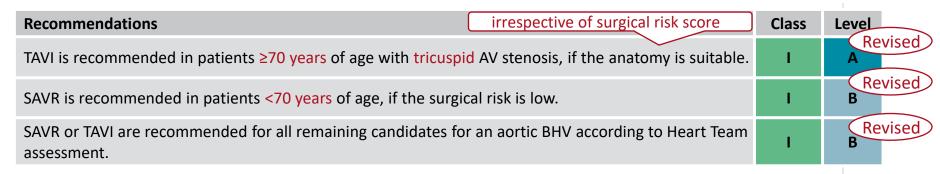


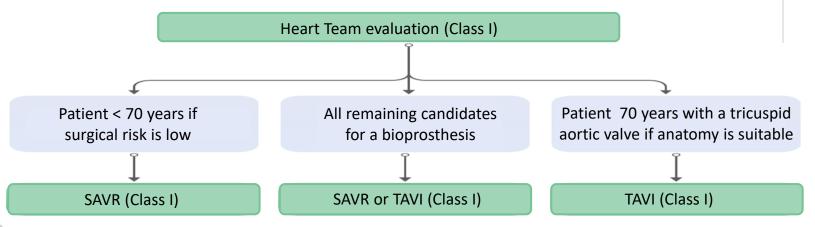
Mode of intervention in severe AS



Recommendations	Class	Level
It is recommended that AV interventions are performed in Heart Valve Centres that report their local expertise and outcome data, have on-site interventional cardiology and cardiac surgical programmes, and a structured collaborative Heart Team.	1	С
It is recommended that the mode of intervention is based on Heart Team assessment of individual clinical, anatomical, and procedural characteristics, incorporating lifetime management considerations and estimated life expectancy.	1	С

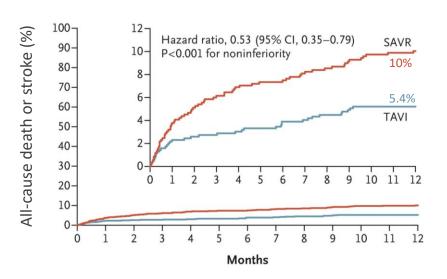
Mode of intervention in severe AS





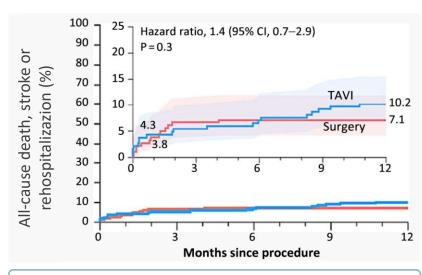
RCTs comparing TAVI to SAVR in low risk patients

DEDICATE1414 patients, mean age 74 years (50% < 75 yrs)



Blankenberg et al. N Engl J Med 2024;390:1572-83

NOTION 2
370 patients, mean age 71.1 years (all < 75)

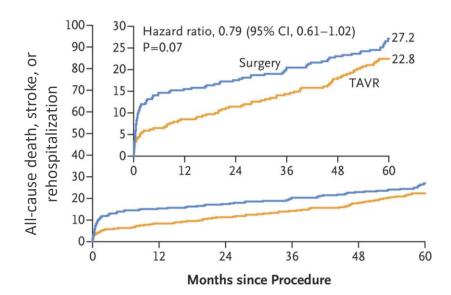


100 patients with BAV: 14.3% vs. 3.9% HR 3.8; 95% CI, 0.8 - 18.5

Jørgensen TH et al. Eur Heart J. 2024 Oct 5;45(37):3804-3814

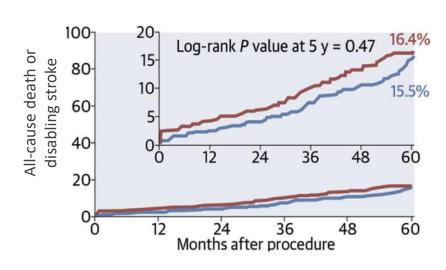
RCTs comparing TAVI to SAVR in low risk patients

PARTNER III (5 years)
1000 patients, mean age 73 years (56% < 75 yrs)



Mack M et al. N Engl J Med 2023;389:1949-1960

Evolut Low Risk (5 years)
1414 patients, mean age 74 (50% < 75)



Forrest JK et al. JACC 2025; 85:1523-1532.

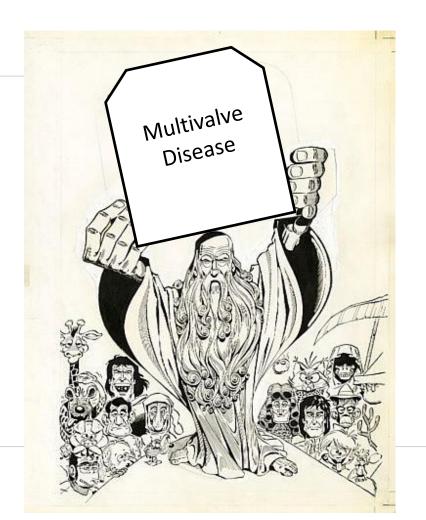
Mode of intervention in severe AS



Recommendations TAVI may be considered for the treatment of severe BAV stenosis in patients at increased surgical risk, if the anatomy is suitable. Class Level New



Recommendations	Class	Level
Non-transfemoral TAVI should be considered in patients who are unsuitable for surgery and transfemoral access.	lla	Revised



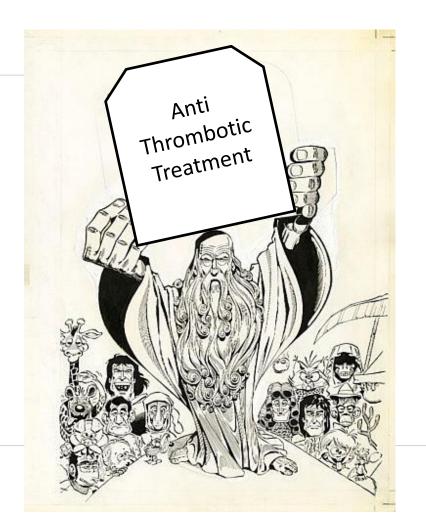


Multivalvular disease



Surgery of concomitant mitral regurgitation—Section 13.3		
MV surgery is recommended in patients with severe MR undergoing surgery for another valve.	1	С
Indications for intervention in patients with mixed moderate aortic stenosis and moderate aortic regurgitation—Se	ction 13.3	
Intervention is recommended in symptomatic patients with mixed moderate AV stenosis and moderate regurgitation, and a mean gradient \geq 40 mmHg or $V_{max} \geq$ 4.0 m/s.	()	В
Intervention is recommended in asymptomatic patients with mixed moderate AV stenosis and moderate regurgitation, with $V_{max} \ge 4.0$ m/s and LVEF <50% not attributable to other cardiac disease.	1	С

	Valve lesion to be assessed				
	AS	AR	MS	MR	
Robust echo measurements	AVA (continuity equation), DVI Reflection of combined burden in mixed AR and AS: V_{max} and mean gradient reflect combined burden	Planimetry and 3D MVA (TOE) EROA (PISA), vena contracta Reflection of combined burden in mixed MR & MS: mean gradient reflect combined burden		EROA (PISA), vena contracta	
Alternative imaging modalities	CT: AV calcium scoring	CMR: regurgitant volume and fraction	-	CMR: regurgitant volume and fraction	





New recommendations

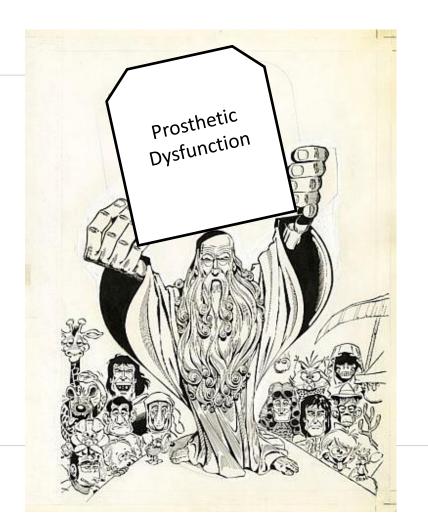
Antithrombotic treatment

Management of antithrombotic therapy in patients with a mechanical heart valve—Section 14.3		
It is recommended that INR targets are based on the type and position of MHV, patient's risk factors, and comorbidities.	1	Α
Patient education is recommended to improve the quality of OAC.	1	Α
Management of antithrombotic therapy in patients with mechanical heart valves undergoing elective non-cardiac surprocedures—Section 14.3	irgery or i	invasive
Continuing VKA treatment is recommended in patients with an MHV for minor or minimally invasive interventions associated with no or minimal bleeding.	1	A
Interruption (3–4 days before surgery), and resumption of VKA without bridging, may be considered to reduce bleeding in patients with new-generation aortic MHV and no other thromboembolic risk factors undergoing major non-cardiac surgery or invasive procedures.	IIb	В
Management of antithrombotic therapy in patients with a biological heart valve or valve repair—Section 14.3		
Surgical biological heart valve without indication for oral anticoagulation		
Lifelong low-dose ASA (75–100 mg/day) may be considered 3 months after surgical implantation of an aortic or mitral BHV in patients without clear indication for OAC.	Шь	С
Transcatheter aortic valve implantation without indication for oral anticoagulation		
DAPT is not recommended to prevent thrombosis after TAVI, unless there is a clear indication.	Ш	В
Surgical repair without indication for oral anticoagulation		
Low-dose ASA (75–100 mg/day) may be considered after surgical MV or TV repair in preference to OAC in patients without clear indication for OAC and at high bleeding risk.	IIb	В
Surgical biological heart valve with indication for oral anticoagulation		
OAC continuation is recommended in patients with a clear indication for OAC undergoing surgical BHV implantation.	1	В
DOAC continuation may be considered after surgical BHV implantation in patients with an indication for DOAC.	IIb	В

Antithrombotic treatment NC perioperative, invasive procedure, risk

Low		w	Minimally invasive procedures		Major NCS or invasive procedures		
	thrombo-e	mbolic risk	Pre-procedure	Post-procedure	Pre-procedure	Post-procedure	
	New-	OAC	No interruption of VKA	Continue VKA	Interrupt VKA at least 3-4 days prior to procedure with target INR <1.5 on the day of surgery	Resume VKA as soon as feasible, within 24 h	
aortic MH and no additiona	generation aortic MHV and no additional	Bridging			No bridging may be considered	No bridging may be considered, unless unable to administer OAC	
	risk factors	Supporting measures		Topical antifibrinolytic or haemostatic agents may be considered to improve local haemostasis		Mechanical and pharmacological VTE prophylaxis, if indicated	
	Moderate	e-to-high	Minimally invasive procedures		Major NCS or invasive procedures		
thrombo-embolic risk		mbolic risk	Pre-procedure	Post-procedure	Pre-procedure	Post-procedure	
	MHV in mitral or	OAC	No interruption of VKA	Continue VKA	Interrupt VKA at least 5 days prior to procedure with target INR <1.5 the day of the procedure	Resume VKA within 24 h	
tricuspid position or other thrombo- embolic risk factors	position or other	Bridging			Bridging with LMWH or UFH if CKD stage IV or V, starting at INR below the therapeutic range	Bridging with UFH or LMWH post-operatively within 24 h	
	Supporting measures		Topical antifibrinolytic or haemostatic agents may be considered to improve local haemostasis		Appropriate mechanical and pharmacological VTE prophylaxis		





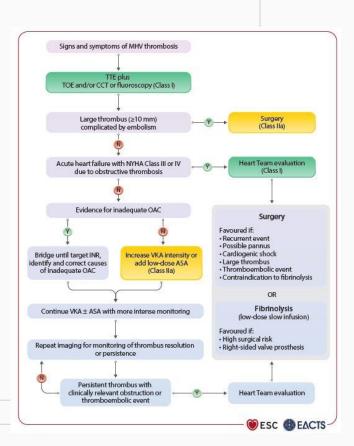


Prosthetic valve dysfunction



	Moderate	Severe
Aortic BHV SVD or non- structural valve dysfunction (except PVL or PPM), thrombosis, or endocarditis	Increase in mean transvalvular gradient ≥10 mmHg resulting in mean gradient ≥20 mmHg AND Decrease in EOA ≥0.3 cm² or ≥25%, and/or decrease in DVI ≥0.1 or ≥20%, compared with echocardiographic assessment performed 1–3 months post-procedure OR New occurrence or increase of ≥1 grade of intraprosthetic AR resulting in ≥ moderate AR	Increase in mean transvalvular gradient ≥20 mmHg resulting in mean gradient ≥30 mmHg AND Decrease in EOA ≥0.6 cm² or ≥50%, and/or decrease in DVI ≥0.2 or ≥40%, compared with echocardiographic assessment performed 1–3 months post-procedure OR New occurrence or increase of ≥2 grades of intraprosthetic AR resulting in ≥ moderate-to-severe AR

	Moderate	Severe
Mitral BHV	Increase in DVI ≥0.4 or ≥20%, resulting in	Increase in DVI ≥0.8 or ≥40%, resulting in
SVD or non-	DVI \geq 2.2, or decrease in EOA \geq 0.5 cm ² or	DVI \geq 2.7, or decrease in EOA \geq 1.0 cm ² or
structural	≥25%, resulting in EOA <1.5 cm ² , usually	≥50%, resulting in EOA <1 cm², usually
valve	associated with increase of transmitral	associated with increase of transmitral
dysfunction	gradient ≥5 mmHg	gradient ≥10 mmHg
(except PVL or	OR	OR
PPM),	New occurrence or increase of ≥ 1 grade of	New occurrence or increase of ≥2 grades
thrombosis, or	intraprosthetic MR resulting in ≥moderate	of intraprosthetic MR resulting in
endocarditis	MR	≥moderate-to-severe MR



Summary:

