

# Surgery for Isolated TR

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# Disclosure

- Speaker and proctor fees for Edwards Lifescience®
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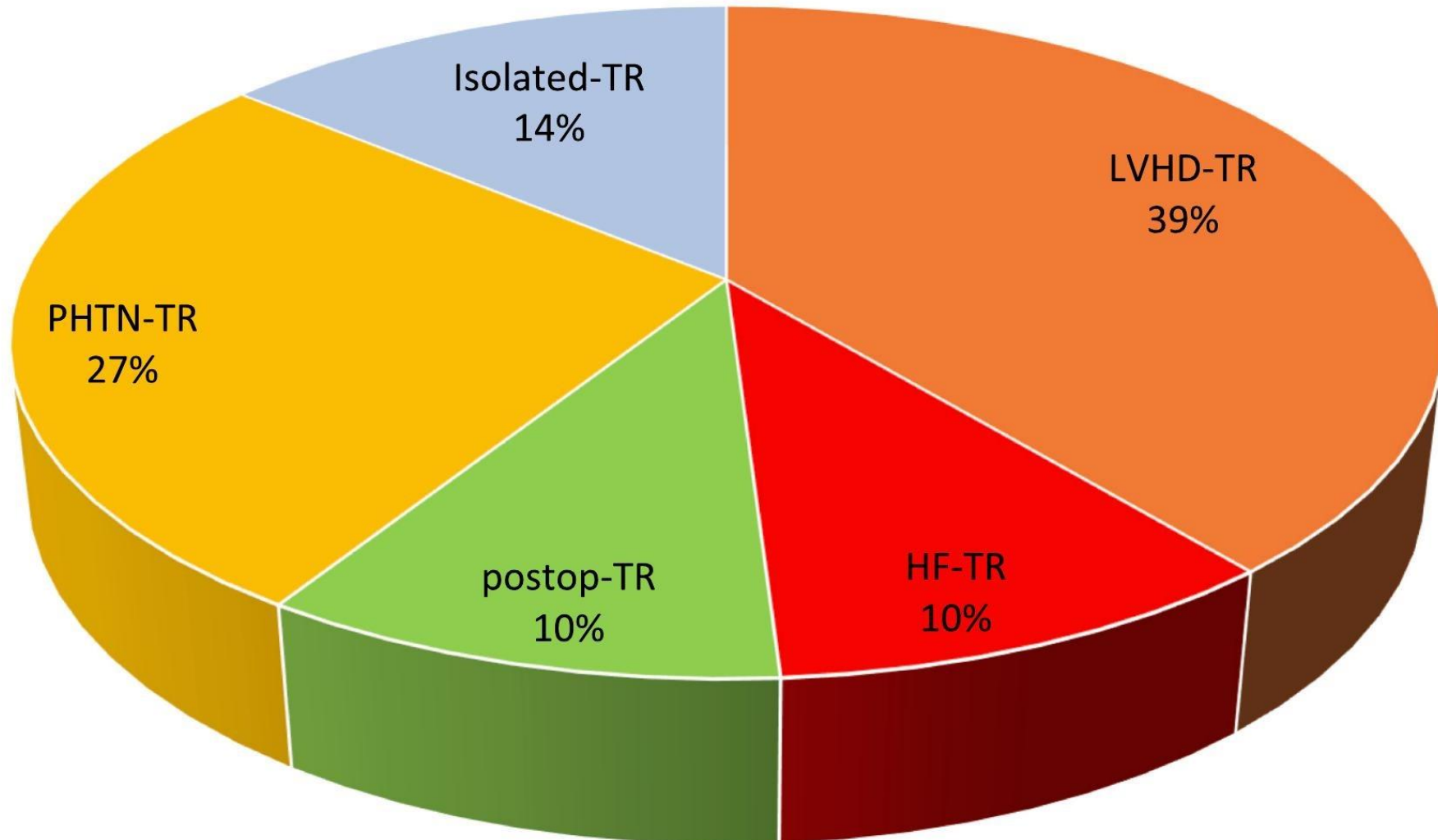
# Isolated TR and Surgery

- Surgery is said to carry unacceptable mortality: 15-30%
- Surgery challenged by TEER
- Recent publications have shown much better outcome
  - ✓ Age and comorbidities
  - ✓ Presence of RV failure
  - ✓ Right-heart catheterisation in case of PHT

Most importantly, TRI-SCORE, TRIGISTRY allow better patient selection

## Outpatient tricuspid regurgitation in the community: Clinical context and outcome

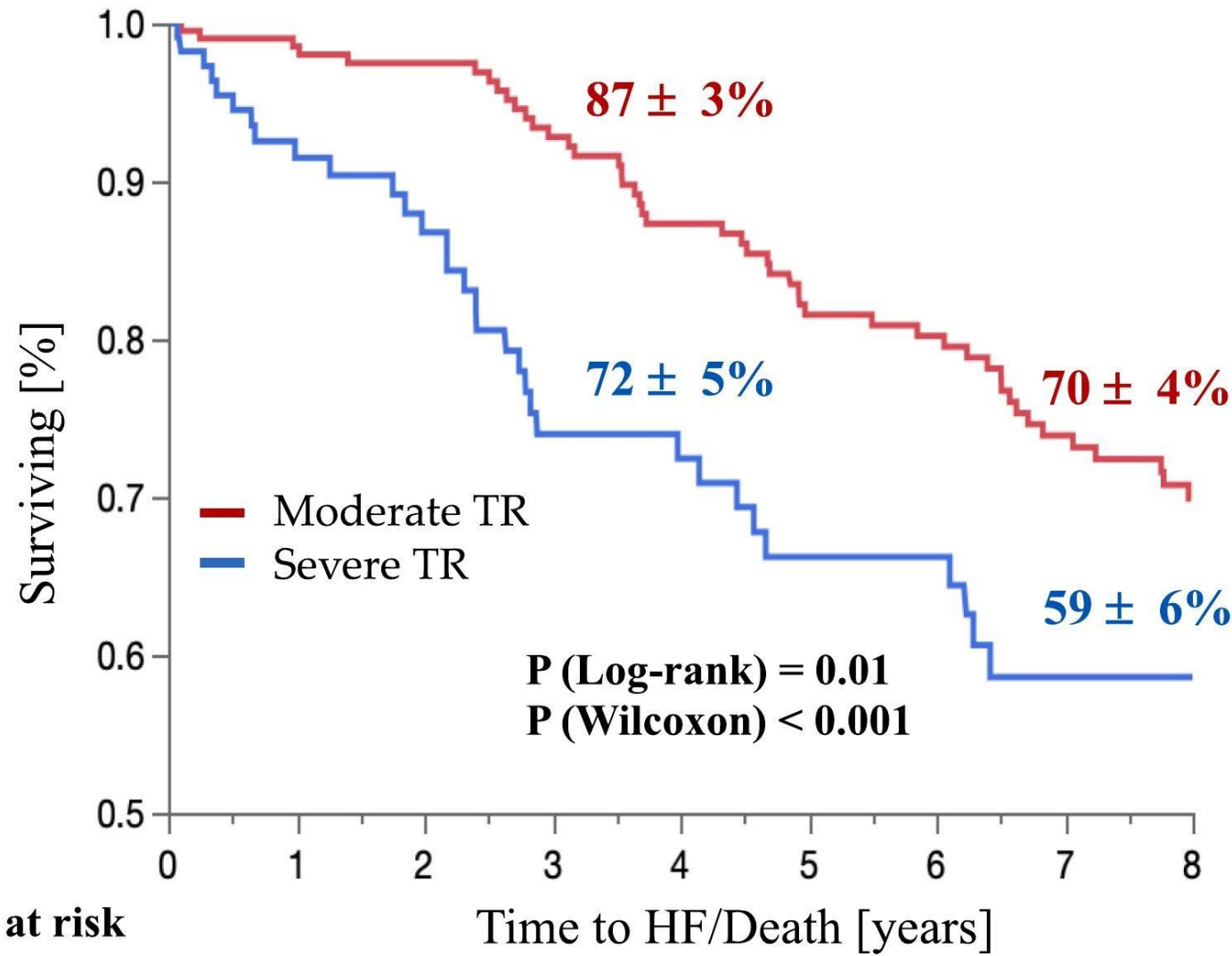
[Denis Leonardi](#)<sup>a</sup> · [Francesca Bursi](#)<sup>b</sup> · [Diego Fanti](#)<sup>a</sup> · ... · [Maurice Enriquez-Sarano](#)<sup>c</sup> · [Flavio Luciano Ribichini](#)<sup>a</sup> · [Giovanni Benfari](#)<sup>a</sup>   ... [Show more](#)



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## Outpatient tricuspid regurgitation in the community: Clinical context and outcome

Denis Leonardi<sup>a</sup> · Francesca Bursi<sup>b</sup> · Diego Fanti<sup>a</sup> · ... · Maurice Enriquez-Sarano<sup>c</sup> · Flavio Luciano Ribichini<sup>a</sup> · Giovanni Benfari<sup>a</sup>   ... [Show more](#)

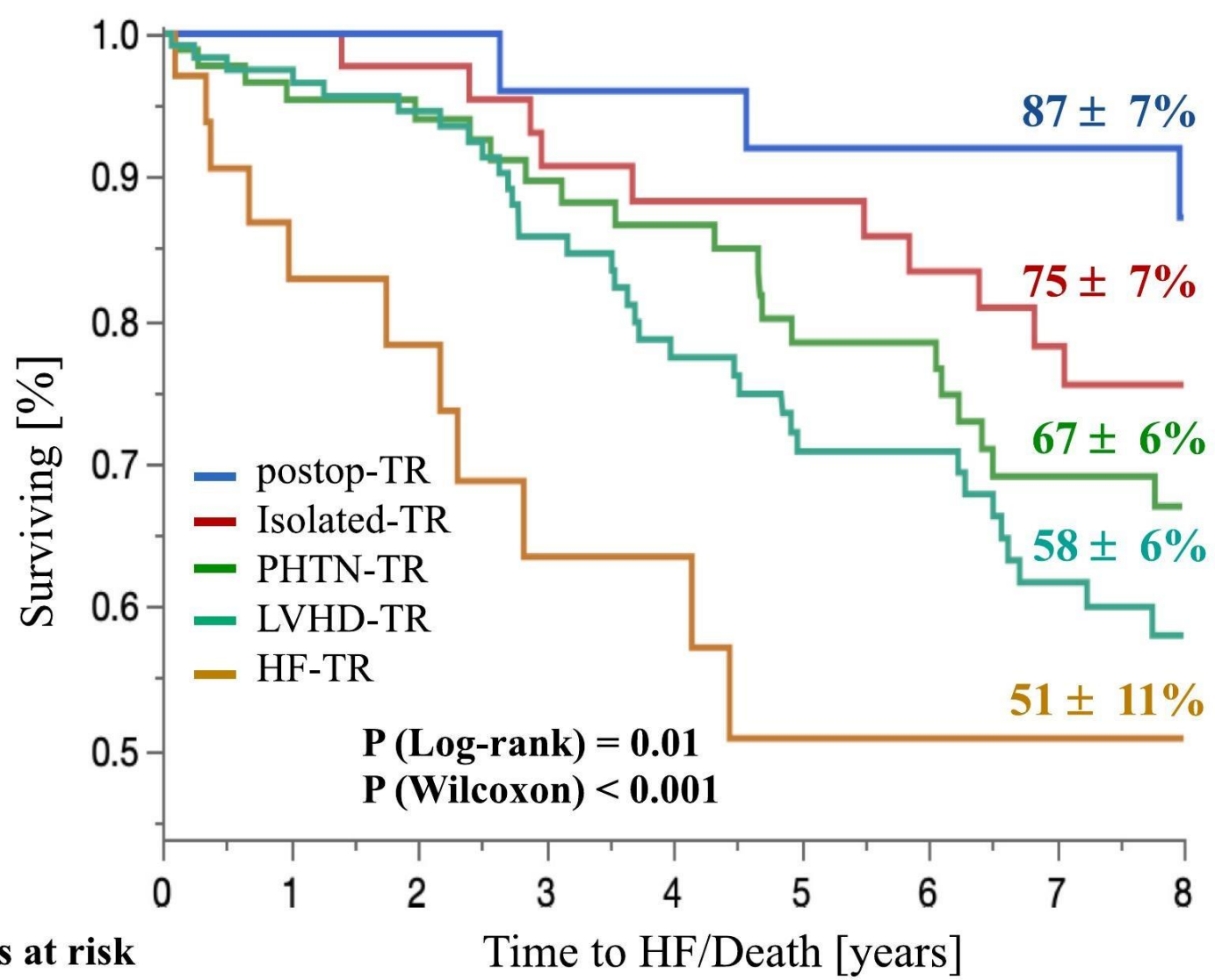


**Patients at risk**

Mod.	212	141	80
Sev.	115	48	25

# Outpatient tricuspid regurgitation in the community: Clinical context and outcome

Denis Leonardi<sup>a</sup> · Francesca Bursi<sup>b</sup> · Diego Fanti<sup>a</sup> · ... · Maurice Enriquez-Sarano<sup>c</sup> · Flavio Luciano Ribichini<sup>a</sup> · Giovanni Benfari<sup>a</sup>   ... [Show more](#)

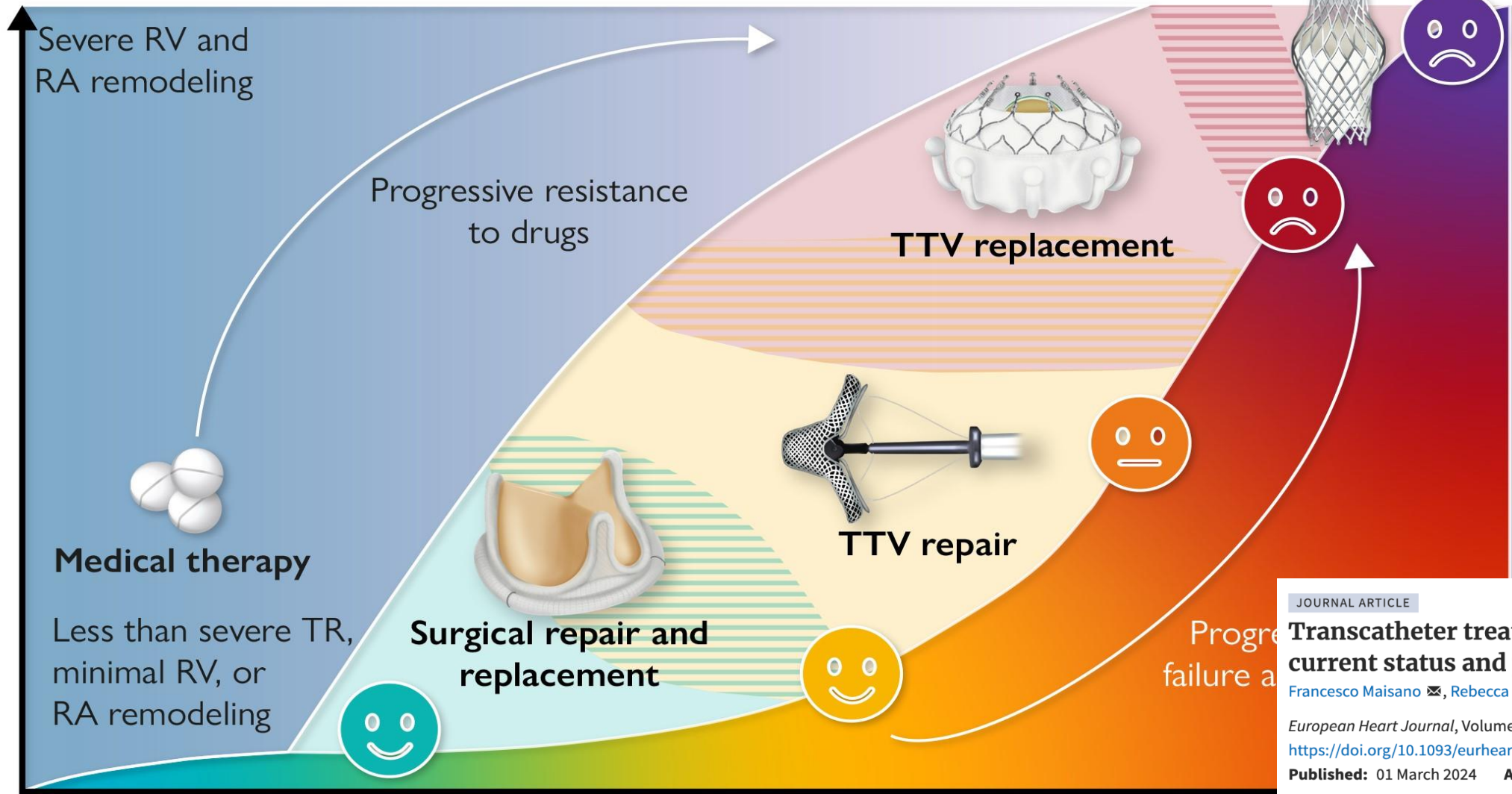


**Patients at risk**

TR Category	0	4	8
postop-TR	31	24	19
Isolated-TR	46	37	26
PHTN-TR	89	55	28
LVHD-TR	127	63	28
HF-TR	34	10	6

# Treatment of tricuspid valve regurgitation

## Right heart remodeling and dysfunction



JOURNAL ARTICLE  
**Transcatheter treatment of the tricuspid valve: current status and perspectives** [Get access >](#)  
Francesco Maisano ✉, Rebecca Hahn, Paul Sorajja, Fabien Praz, Philipp Lurz  
*European Heart Journal*, Volume 45, Issue 11, 14 March 2024, Pages 876–894,  
<https://doi.org/10.1093/eurheartj/ehae082>  
Published: 01 March 2024 [Article history ▾](#)

Preclinical

Symptoms and clinical status

RHF, organ failure

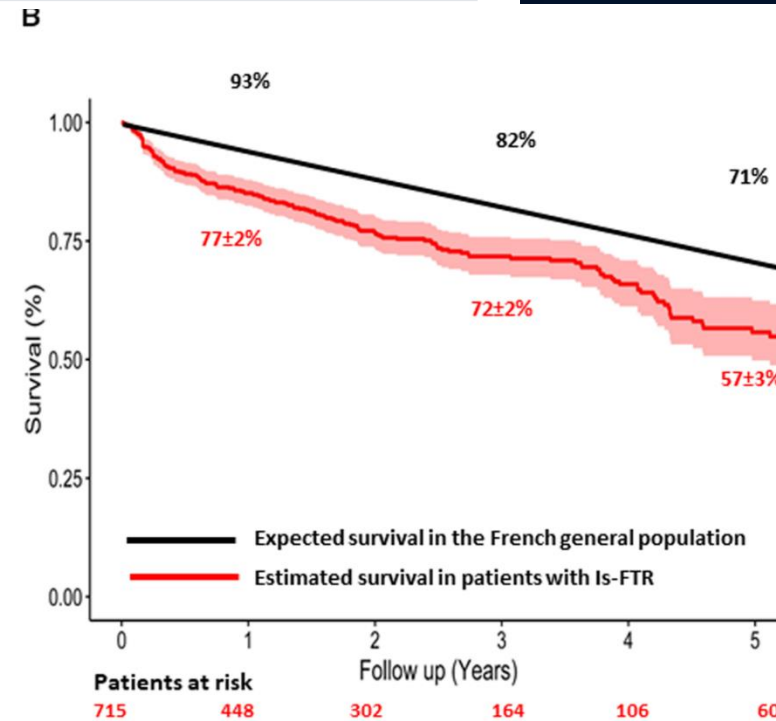
# Natural History of Isolated Functional Tricuspid Regurgitation

Christophe Tribouilloy, MD, PhD , Pierre Vanhaecke, MD , Julien Dreyfus, MD, PhD , Thierry Le Tourneau, MD, PhD , Yoan Lavie-Badie, MD , Christine Selton-Suty, MD, PhD , Augustin Coisne, MD, PhD , Erwan Donal, MD, PhD , Maurice Enriquez-Sarano, MD , and Yohann Bohbot, MD, PhD | [AUTHOR INFO & AFFILIATIONS](#)

Journal of the American Heart Association • Volume 13, Number 9 • <https://doi.org/10.1161/JAHA.124.033933>

**A**

Main baseline characteristics	715 patients
Age (years)	75 ± 12
Women (% , n)	61.5(440)
Charlson index	3.4 ± 2.4
Atrial fibrillation (% , n)	81.3(581)
Hypertension (% , n)	64.3(460)
Diabetes mellitus (% , n)	23.5(168)
Coronary artery disease (% , n)	22.1(158)
Chronic kidney disease (% , n)	36.4(260)
Signs of right heart failure (% , n)	61.8(442)
New York Heart Association I-II (% , n)	58.6(419)
TR effective regurgitant orifice area (mm <sup>2</sup> )	62 ± 46
Tricuspid annulus diameter (mm)	45 ± 7
Right atrial area (cm <sup>2</sup> )	33 ± 12
Right ventricular dilatation (% , n)	68.4(489)
Right ventricular dysfunction (% , n)	44.6(319)
Left ventricular ejection fraction (%)	59±7



	1 year	2 years	3 years	4 years	5 years
Expected survival (%)	93	87	82	75	71
Estimated survival (%)	85	77	72	67	57
Relative survival (%)	91	88	88	89	80



# Management of Isolated Tricuspid Regurgitation: 2 Sides of the Same Coin

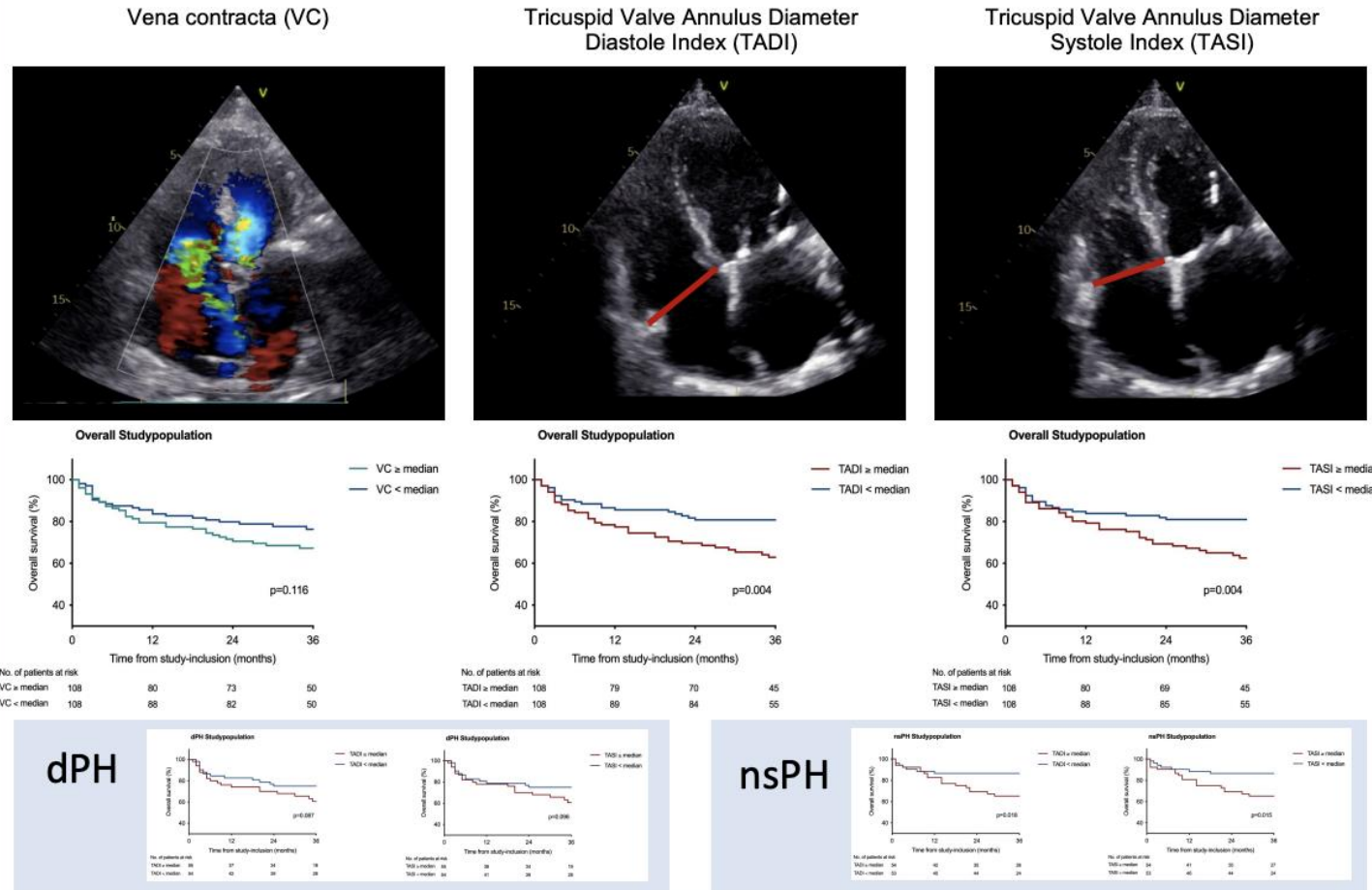
- Questionable statements
  - ✓ Cardiac surgery carries higher risk of morbidity and mortality in all patients with isolated secondary TR **NO**
  - ✓ It presumes that patients with severe TR should be treated medically until TTVI becomes the only option **NO**
- However, patients with TR who undergo early referral to surgery, when they have no right ventricle or peripheral organ damage, are at minimal risk and have excellent outcomes
- The only randomized study showed no benefit in terms of mortality and hospitalization for heart failure of TTVI vs medical therapy

# Annular remodelling predicts outcome in isolated severe tricuspid regurgitation: a registry-based echocardiographic analysis

- Severe isolated TR in the absence of AF is a rare finding with a grim prognosis.
- Underlying diseases are significant (pre-capillary) pulmonary hypertension and HFpEF.
- The newly proposed TR grades 'massive' and 'torrential' are uncommon in these patients and therefore of lesser clinical relevance.
- Tricuspid annular diameter dimensions rather than quantitative measures of TR proved to be of significant prognostic value indicating a continuous remodelling leading to a 'point of no return' with a dismal outcome.

## Graphical Abstract

### Central Illustration: Annular Remodelling predicts Outcome in Isolated Severe Tricuspid Regurgitation: A Registry-based Echocardiographic Analysis.



## Keywords

tricuspid regurgitation • echocardiography • vena contracta width • regurgitant volume • EORA

**Isolated Tricuspid Valve Surgery (ITVS)  
is not a surgical indication**

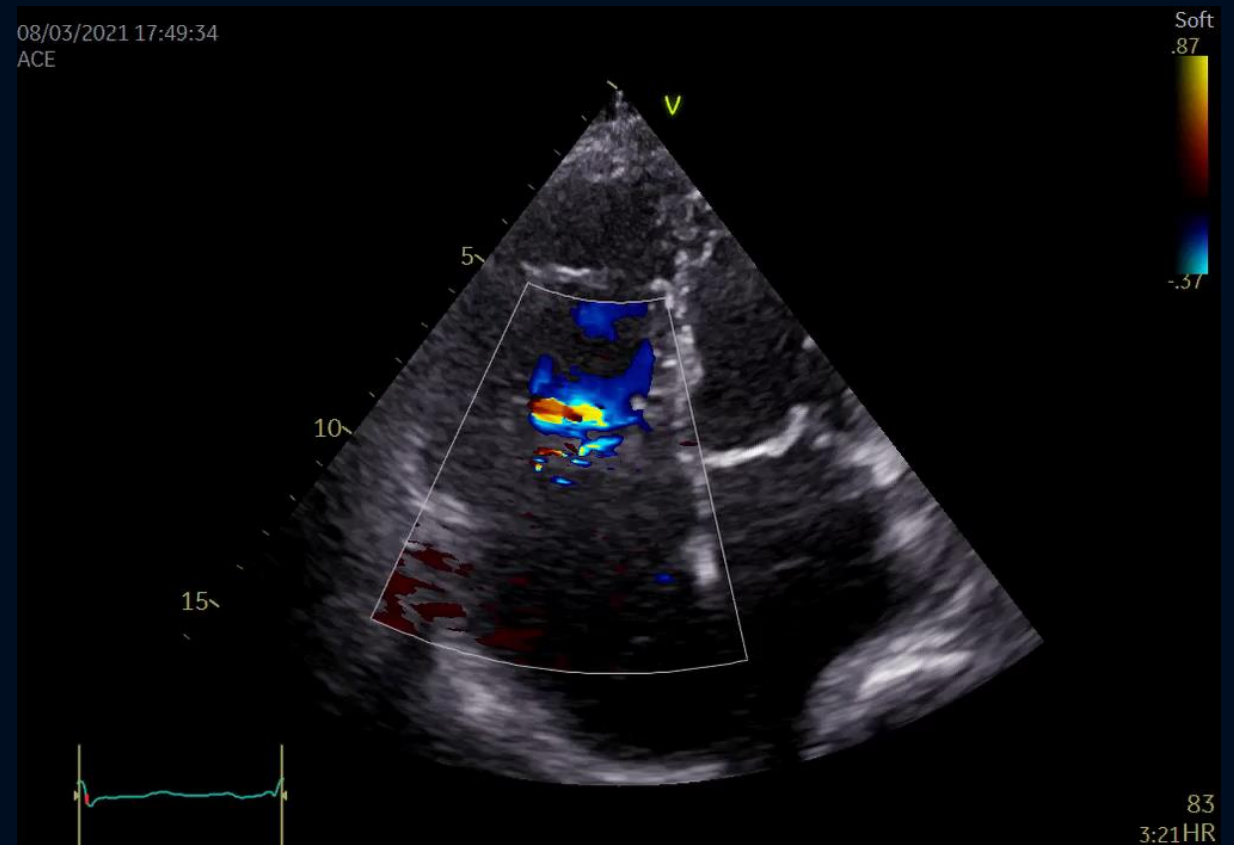
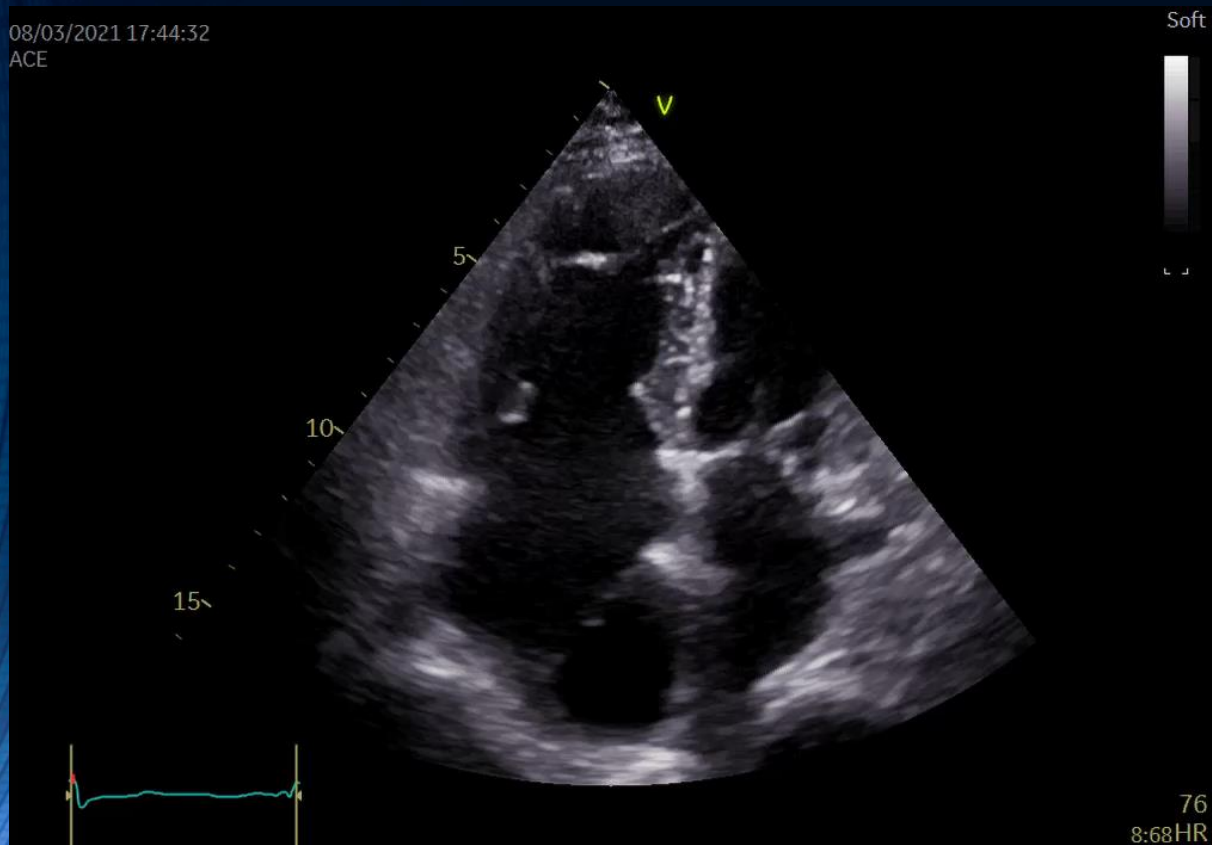
**Is isolated TR a surgical failure ?**

**NO**

# Factors that have reduced operative mortality

- The **earlier** the surgery the better
- Low **risk score**
- Surgical **tips and tricks**
  - ✓ MIS Vs Sternotomy
  - ✓ Beating heart Vs cardioplegia
- **Tethering** with or without is key

# Severe FTR with Tethering



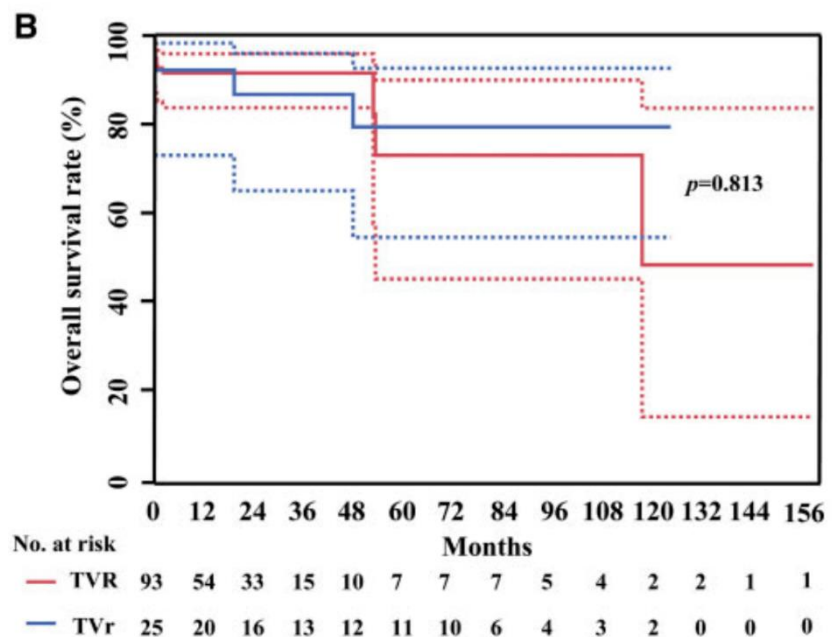
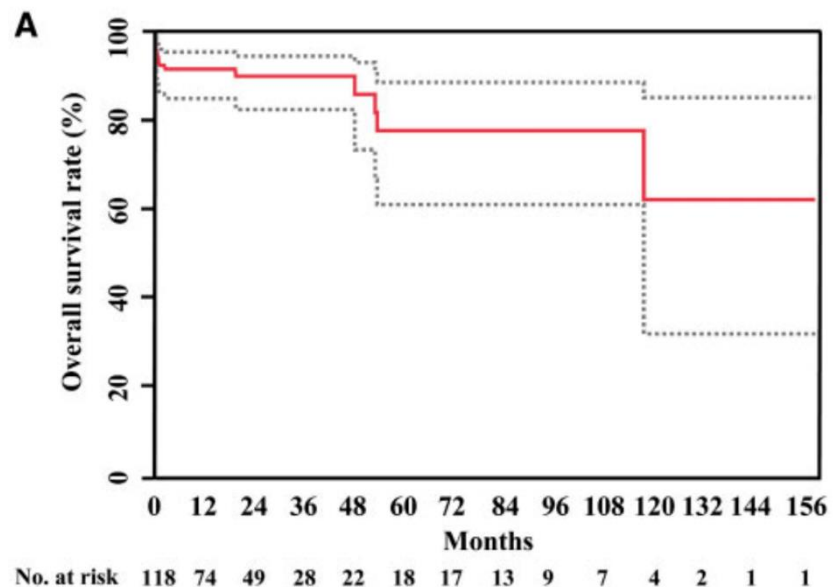
# Tethering shows RV spherical changes

- Annuloplasty alone or TriClip are not the solution
- Solutions are :
  - ✓ Either extensive repair of the tricuspid valve (AL patch or papillary muscle sling)
  - ✓ Either valve replacement
  - ✓ For TEER, replacement seems the best option

Cite this article as: Chen J, Hu K, Ma W, Lv M, Shi Y, Liu J et al. Isolated reoperation for tricuspid regurgitation after left-sided valve surgery: technique evolution. Eur J Cardiothorac Surg 2020;57:142–50.

## Isolated reoperation for tricuspid regurgitation after left-sided valve surgery: technique evolution

Jinmiao Chen <sup>a,†</sup>, Kui Hu <sup>a,b,†</sup>, Wenrui Ma <sup>a,†</sup>, Minzhi Lv <sup>c</sup>, Yu Shi <sup>a</sup>, Ju Liu <sup>d</sup>, Lai Wei <sup>a</sup>, Yi Lin <sup>a,\*</sup>, Tao Hong <sup>a,\*</sup> and Chunsheng Wang <sup>a,\*</sup>



**Figure 2:** Kaplan–Meier overall survival curves for all patients (**A**) or according to different surgery types (**B**). The dotted lines indicate the 95% confidence intervals. TVr: tricuspid valve repair; TVR: tricuspid valve replacement.





# Isolated tricuspid regurgitation: A plea for early correction

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## ARTICLE INFO

### Keywords:

Isolated tricuspid regurgitation

Early referral

Early correction

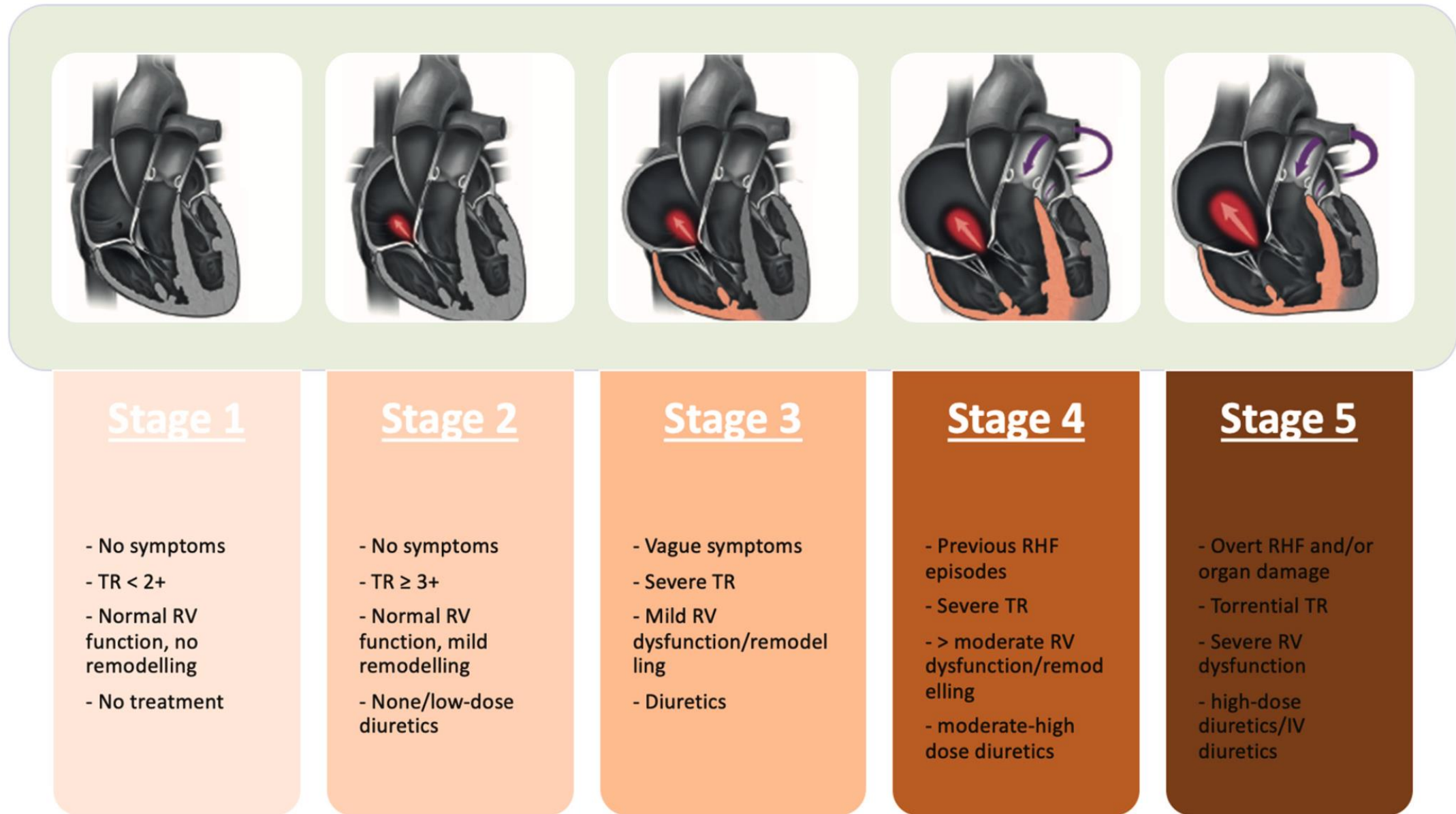
Tricuspid valve

Surgery

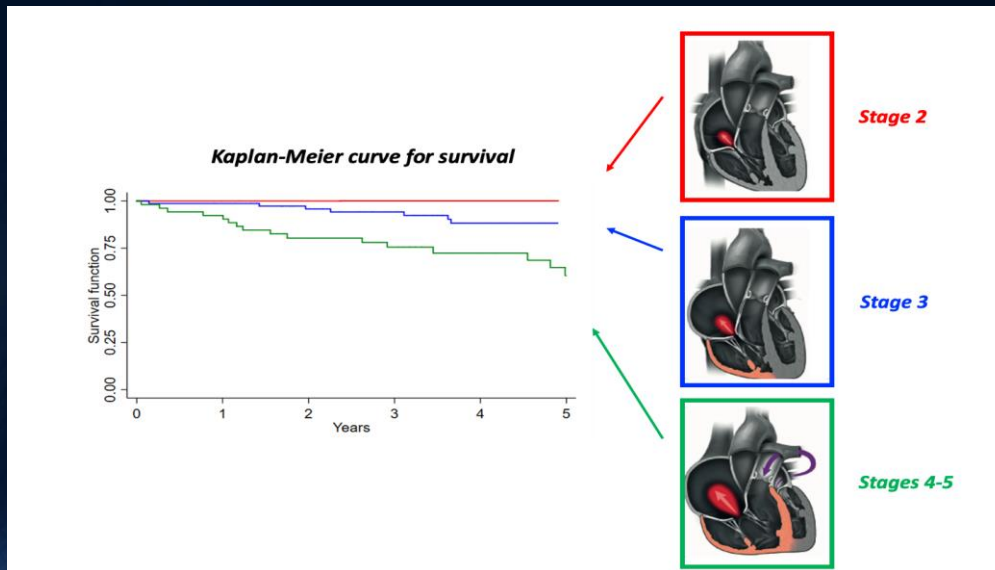
Transcatheter interventions

## ABSTRACT

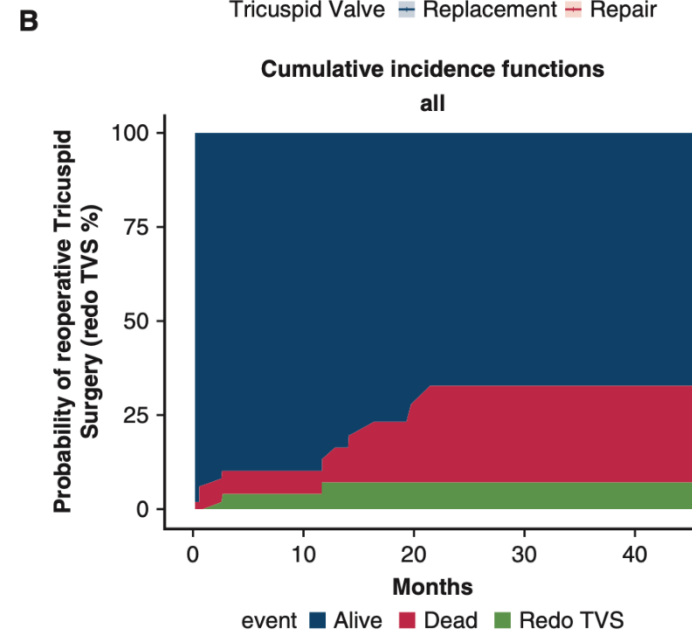
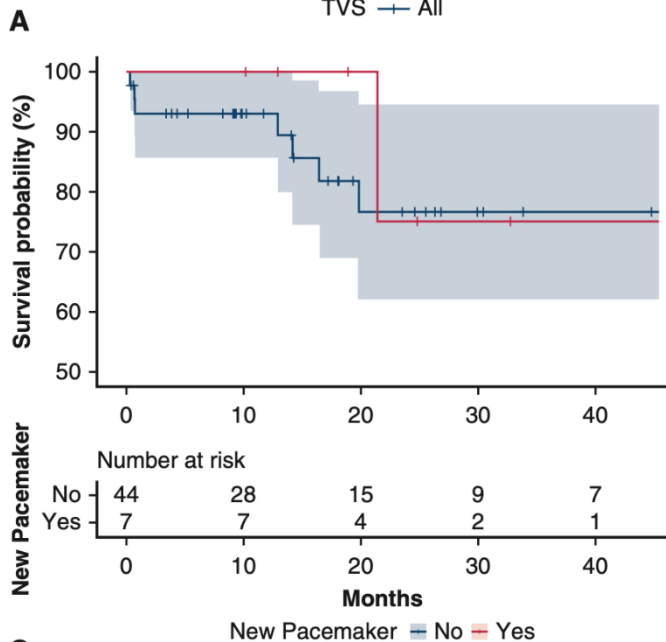
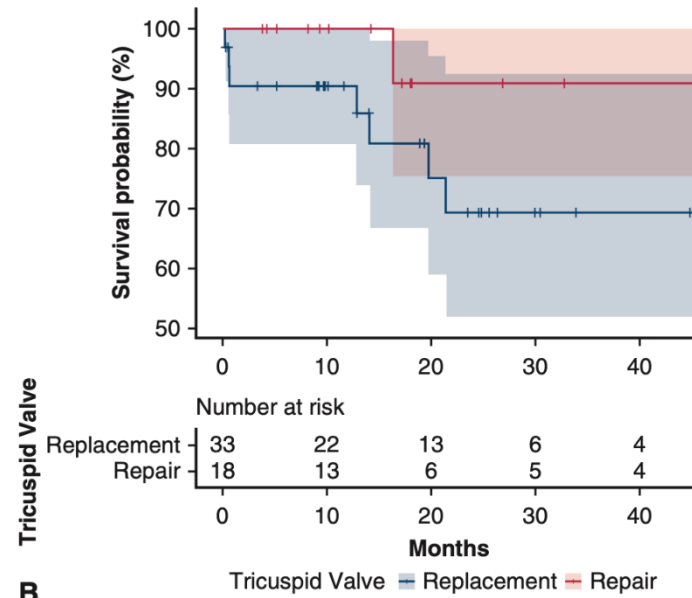
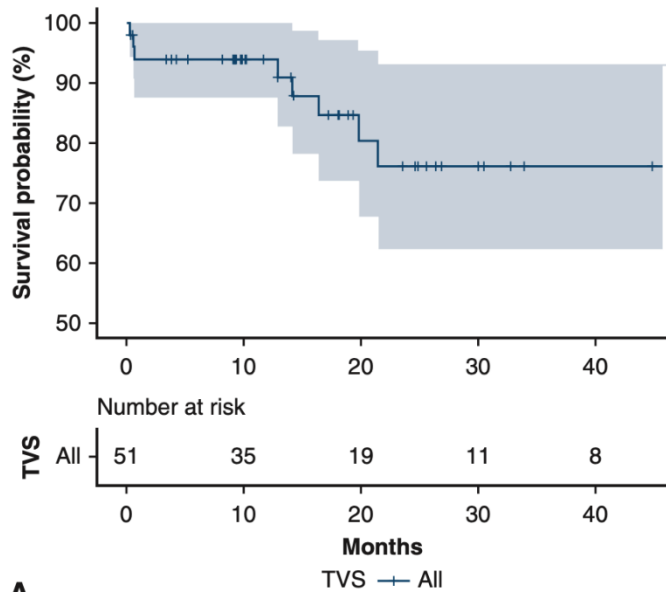
Isolated tricuspid regurgitation (TR) is gaining increasing recognition. Left untreated, isolated TR significantly worsens survival. Management of patients with severe isolated TR remains controversial and stand-alone surgery is rarely performed due to reported high in-hospital mortality. However, recent data has underlined how early referral and surgical correction result in excellent both short-and long-term results, with no in-hospital mortality, 100% 5-year survival and no further hospitalizations for right heart failure. These results should prompt a drastic change in attitude in the treatment, management and referral of patients with severe isolated TR, especially since surgery remains the only effective therapy.



**Fig. 1.** 5 Stages classification and determinants/characteristics for distribution of patients [Reproduced with permission from Sala et al. [35]].



**Surgery in Isolated TR** before irreversible RV dysfunction or end organ dysfunction is **SAFE**



## Outcomes of minimally invasive isolated tricuspid valve repair and replacement through right mini-thoracotomy

[Check for updates](#)

Ahmed Alnajjar, MD, MSPH,<sup>a</sup> Subhasis Chatterjee, MD,<sup>b</sup> Jacqueline K. Olive, MD,<sup>c</sup> Mahmut S. Kaymakci, MD,<sup>d</sup> Lauren Gray, MD,<sup>b</sup> Zachary Gray, PA,<sup>b</sup> Joao R. Breda, MD,<sup>a</sup> and Joseph Lamelas, MD<sup>a</sup>

**FIGURE 2.** Survival analyses showing (A) KM curves for the overall cohort; (B) KM curves for tricuspid valve repair and replacement; and (C) KM curves for patients with or without new permanent pacemaker implantation; and (D) cumulative incidence function accounting for death as a competing event for reoperative tricuspid surgery. *TVS*, Tricuspid valve surgery; *KM*, Kaplan–Meier

# The TRI-SCORE Registry

# TRI-SCORE: dedicated risk score model to predict in-hospital mortality after ITVS

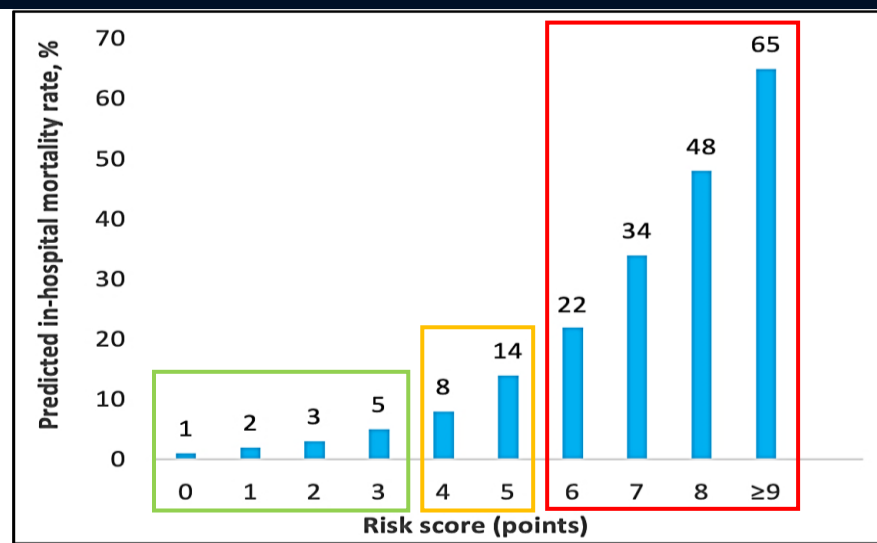
## TRI-SCORE

Clinical

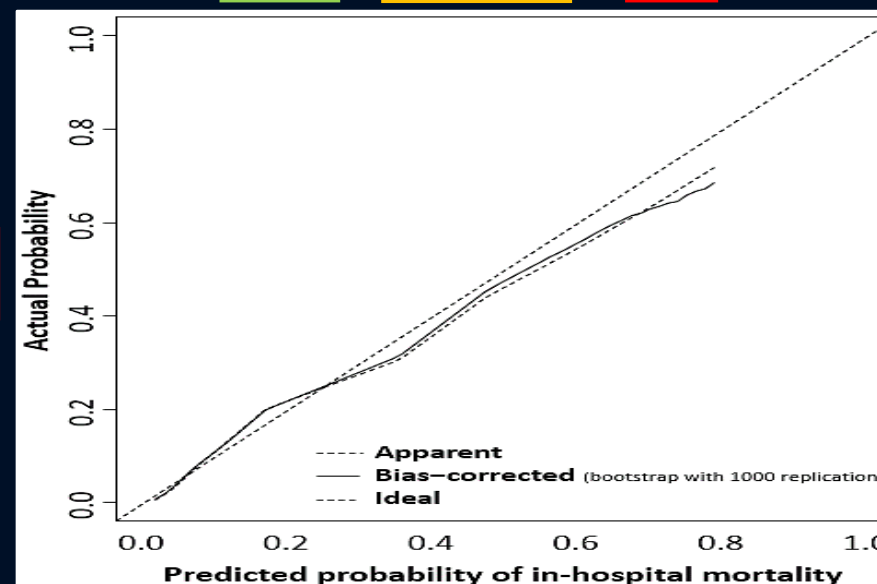
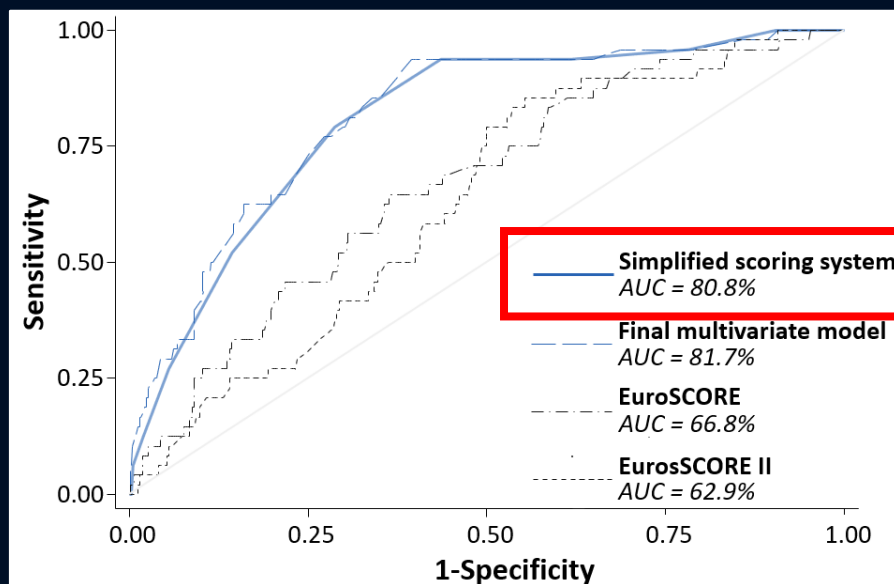
Biological

Echocardiographic

Risk factors (final model from multivariate analysis)	Scoring
Age $\geq$ 70 years	1
NYHA functional class III-IV	1
Right-sided heart failure signs	2
Daily dose of furosemide $\geq$ 125mg	2
Glomerular filtration rate $<$ 30 ml/min	2
Elevated total bilirubin	2
Left ventricular ejection fraction $<$ 60%	1
Moderate/severe right ventricular dysfunction	1
<b>Total</b>	<b>12</b>

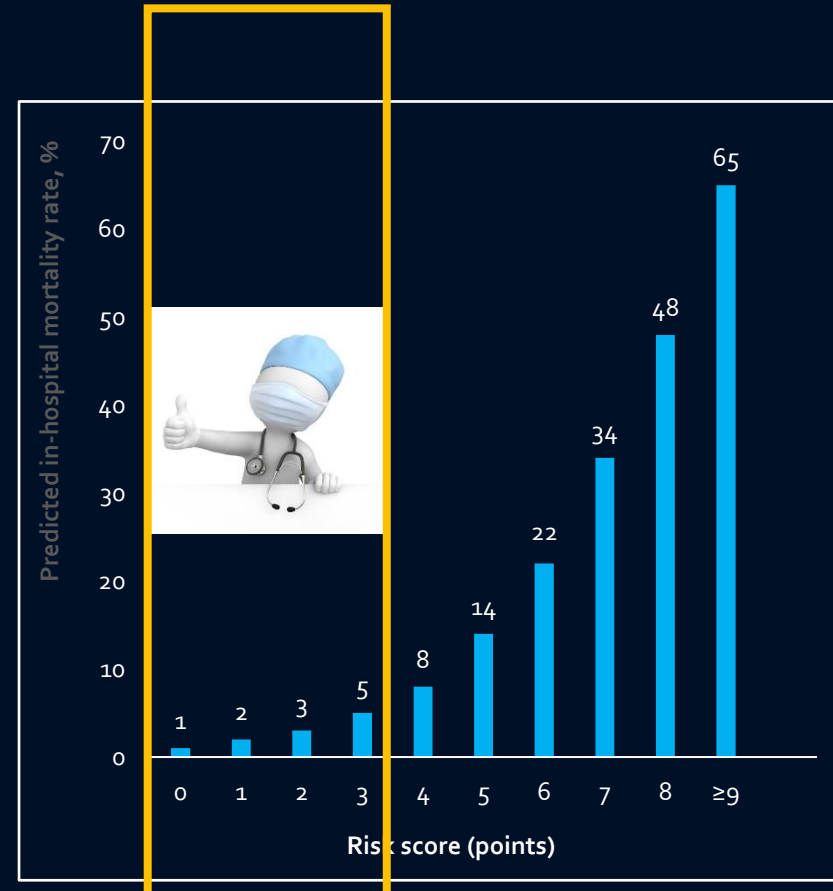
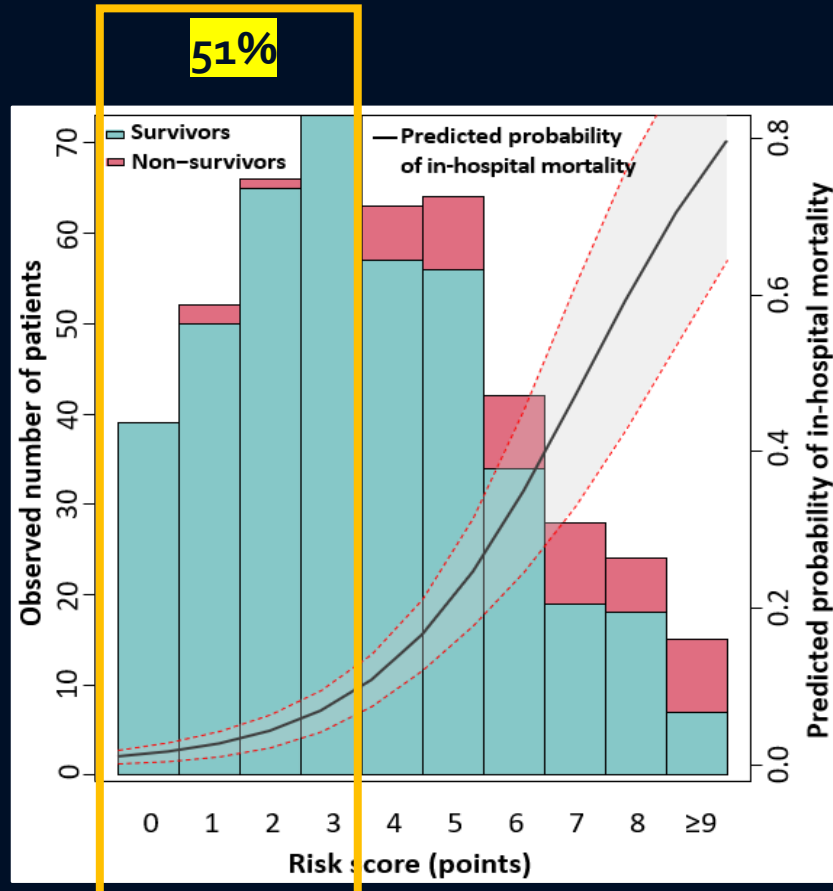


Risk: Low Intermediate High



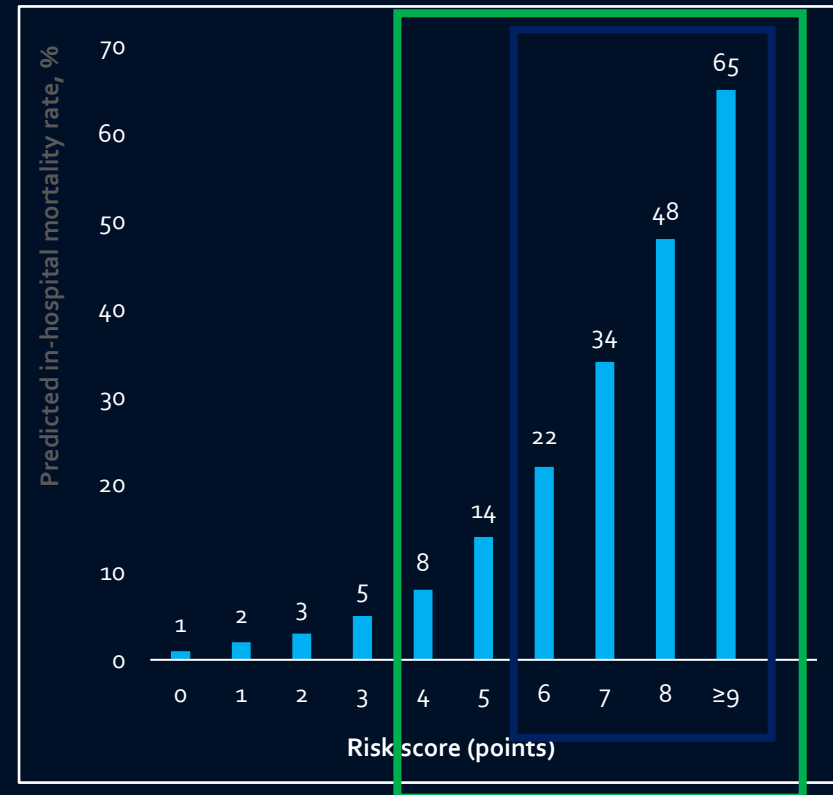
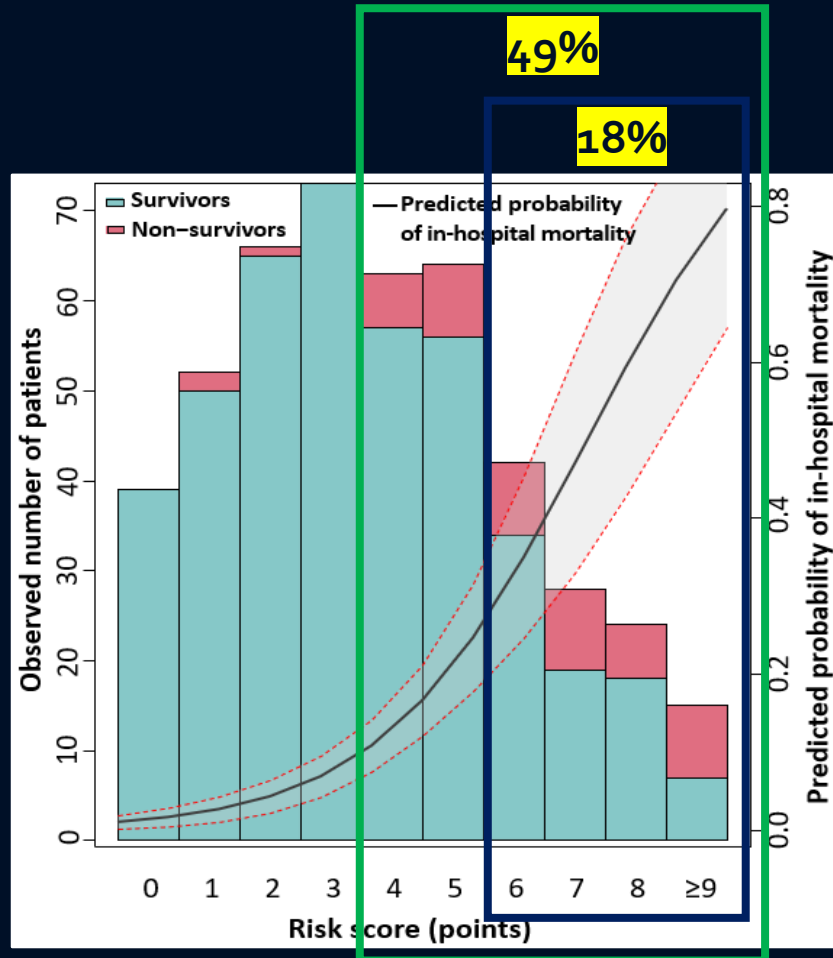
# Prediction of in-hospital mortality after ITVS

➤ Patients with low score have an excellent outcome after TV surgery



# Prediction of in-hospital mortality after ITVS

➤ Patients referred late to TV surgery incur poor outcome

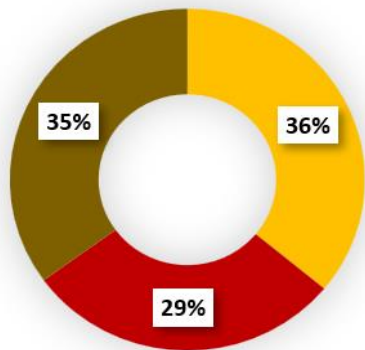




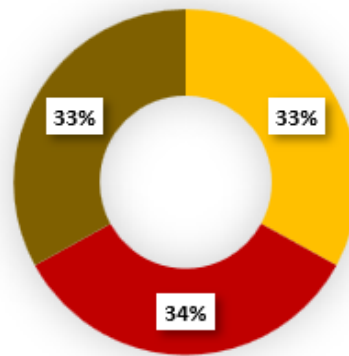
# TRIGISTRY: IMPACT OF TRI-SCORE

## TRI-SCORE

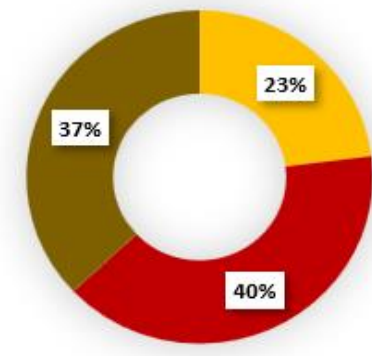
### Medical therapy



### Isolated tricuspid valve surgery



### Transcatheter tricuspid valve repair

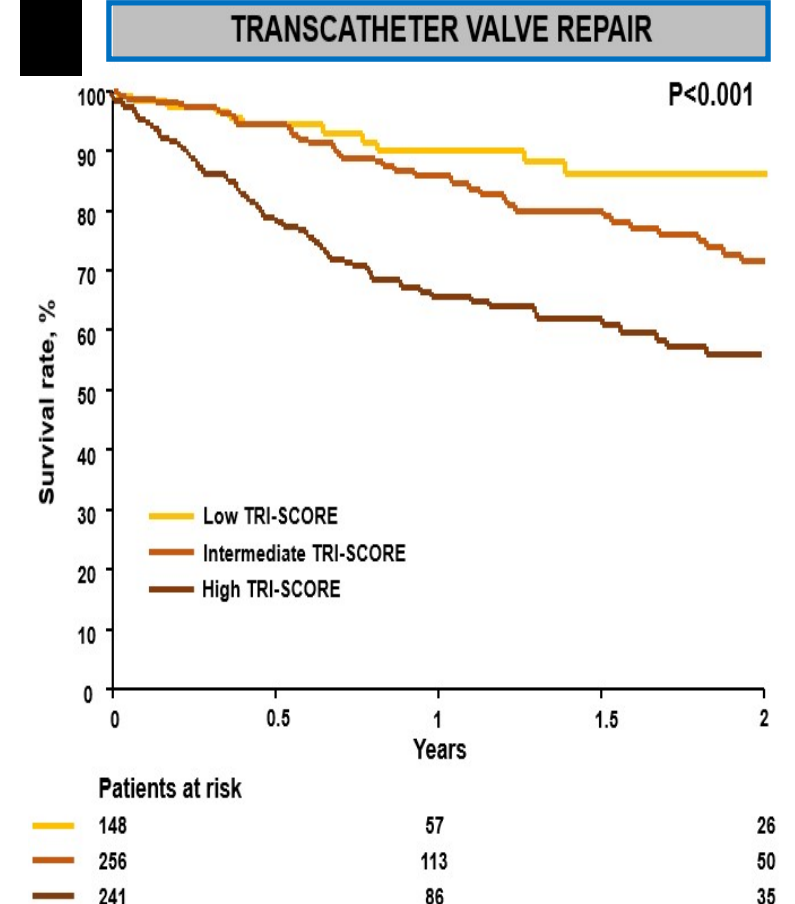
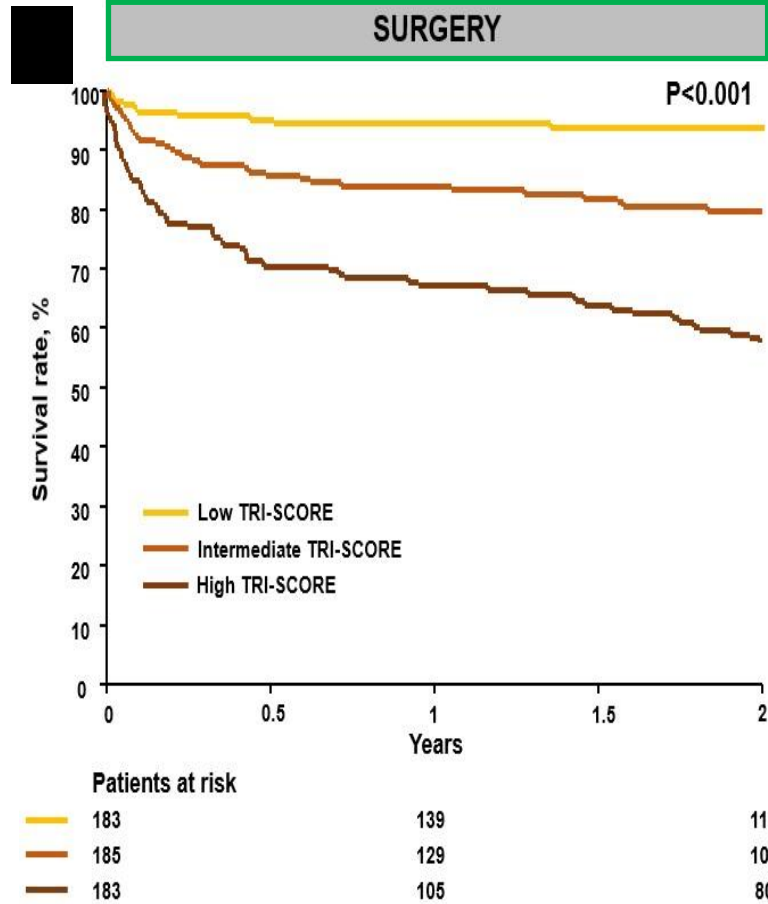
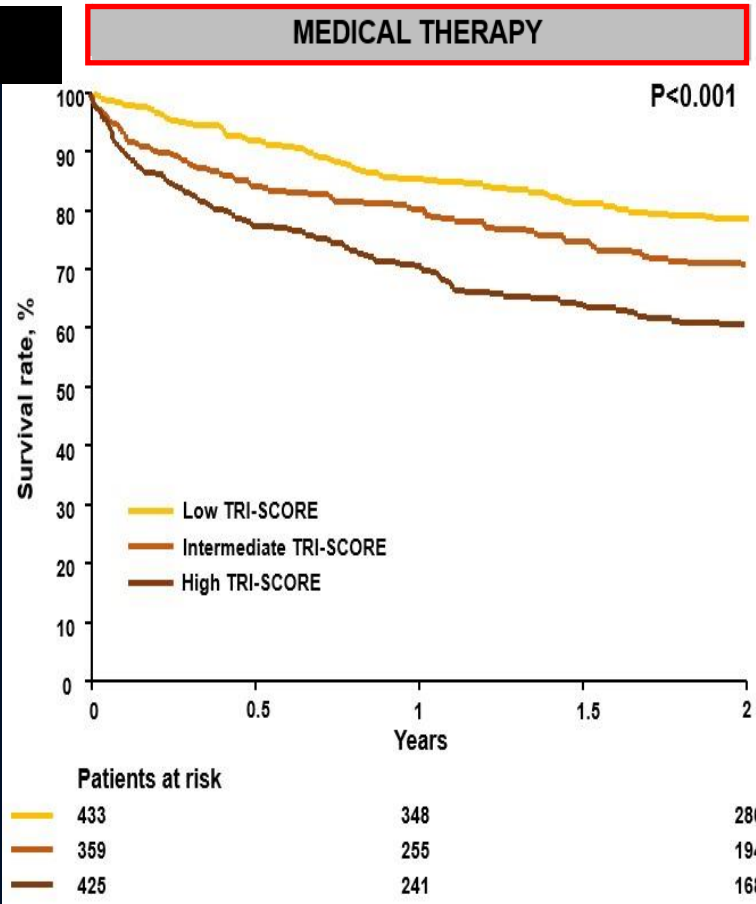


2,413 patients

- 1217 conservatively managed
- 551 isolated tricuspid valve surgery
- 645 transcatheter valve repair

— Low TRI-SCORE  
— Intermediate TRI-SCORE  
— High TRI-SCORE

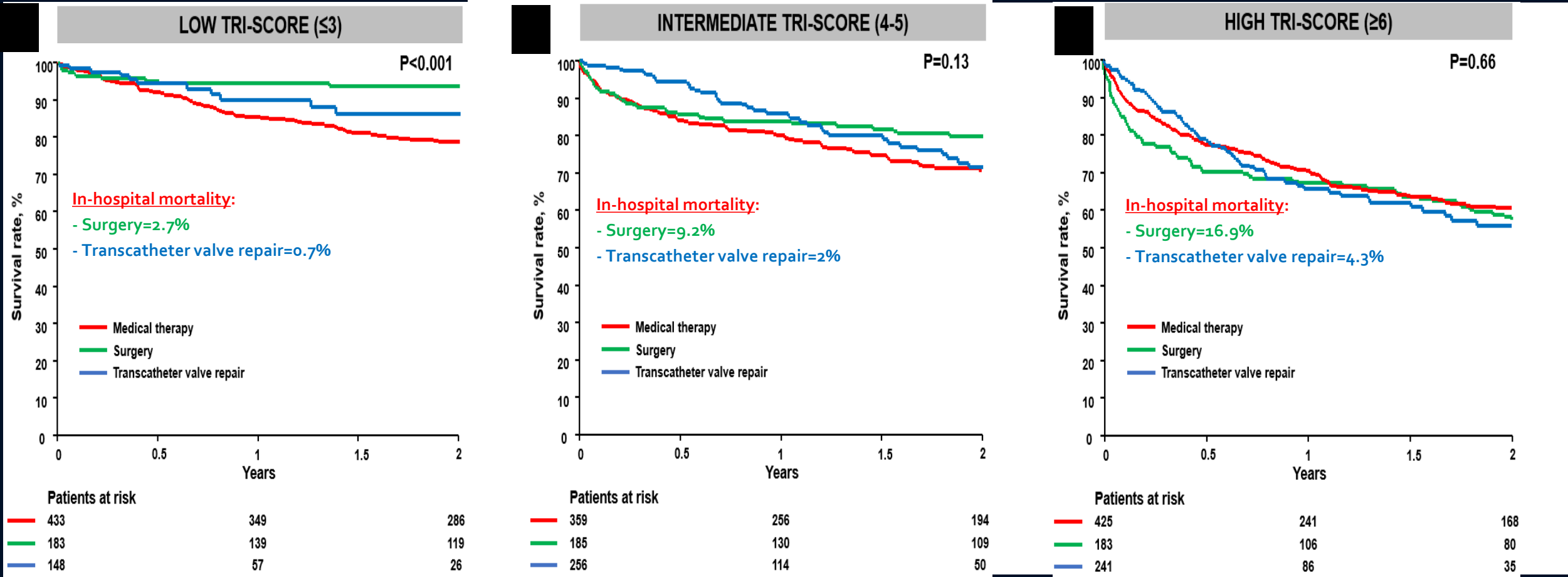
# TRIGISTRY: IMPACT OF TRI-SCORE



Results remained unchanged after adjustment for age, sex, atrial fibrillation and comorbidities\* (all P<0.001)

\*diabetes, chronic lung disease, coronary artery disease, and prior left heart valve intervention

# TRIGISTRY: IMPACT OF TREATMENT MODALITY



Results remained unchanged after adjustment for age, sex, atrial fibrillation and comorbidities\*

$P = 0.006$  for low TRI-SCORE

$P = 0.15$  for intermediate TRI-SCORE

$P = 0.48$  for high TRI-SCORE

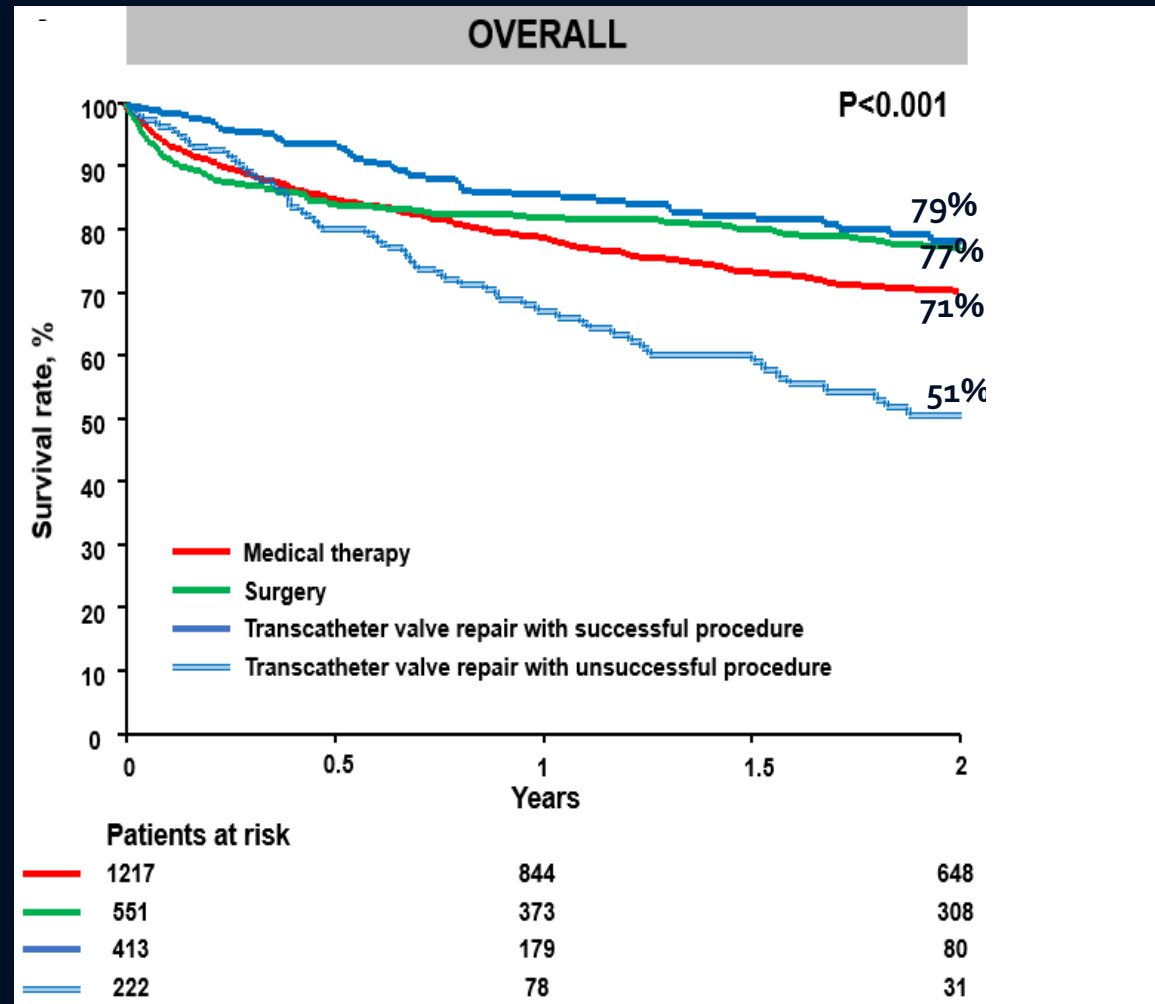
\*diabetes, chronic lung disease, coronary artery disease, and prior left heart valve intervention

# TRIGISTRY: IMPACT OF RESIDUAL TR

Procedural success: TR  $\leq$  mild to moderate (2+) at discharge (after surgery or transcatheter intervention)

- Surgery = 97%

- Transcatheter = 65%



## TRIGISTRY: CONCLUSIONS

1. TRIGISTRY confirms and extends the predictive value of the TRI-SCORE irrespectively of treatment modality at 2 years
2. A tricuspid valve intervention was associated with better survival rates than medical therapy at 2 years in the low and, to a lower extent, intermediate TRI-SCORE categories while survival was similar across groups in the high TRI-SCORE category
3. TRIGISTRY highlighted the prognostic importance of optimal TR correction

# TRIGISTRY: PERSPECTIVES

- Our results suggest that, in patients with severe TR, a curative intervention should be considered at an **early stage of the disease** as assessed by the TRI-SCORE
- TRIGISTRY should guide the design of **future randomized controlled trials** aiming to formally demonstrate the benefit of tricuspid valve interventions

# TRIGISTRY: multicenter registry



33 centers



10 countries



1768 patients with severe isolated functional tricuspid regurgitation

Comparison of 10-year survival rates between treatment modalities according to the TRI-SCORE category (low, intermediate and high)



1217 conservatively managed

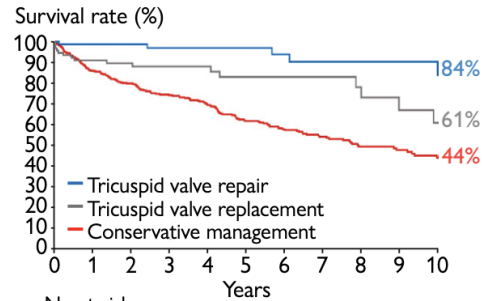


551 isolated tricuspid valve surgery

200 repair

351 replacement

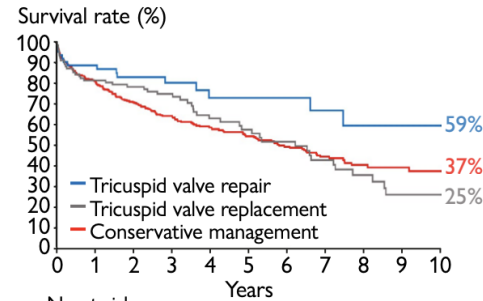
## Low TRI-SCORE ( $\leq 3$ )



No at risk

83	62	38	27	19	13
100	57	36	24	15	9
408	271	205	139	69	42

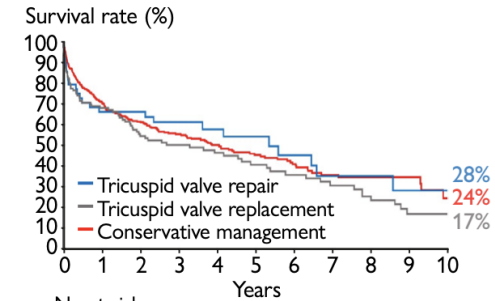
## Intermediate TRI-SCORE (4–5)



No at risk

62	38	20	14	8	6
123	71	40	24	12	8
372	203	128	92	31	16

## High TRI-SCORE ( $\geq 6$ )

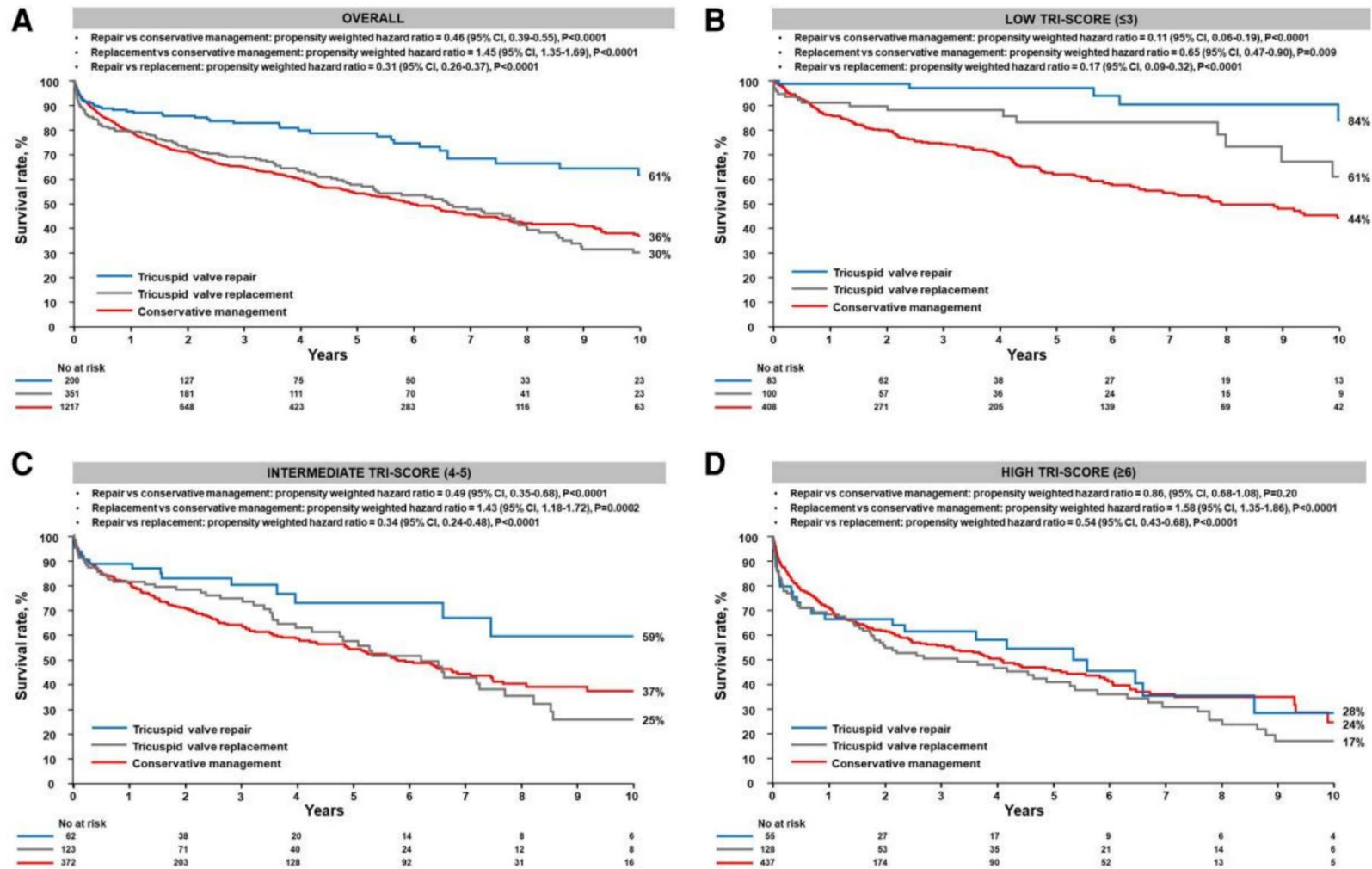


No at risk

55	27	17	9	6	4
128	53	35	21	14	6
437	174	90	52	13	5

## Propensity weighted hazard ratio

	Low TRI-SCORE ( $\leq 3$ )	Intermediate TRI-SCORE (4–5)	High TRI-SCORE ( $\geq 6$ )
Repair vs conservative management	0.11 (95% CI, 0.06–0.19), P < 0.0001	0.49 (95% CI, 0.35–0.68), P < 0.0001	0.86 (95% CI, 0.68–1.08), P = 0.20
Replacement vs conservative management	0.65 (95% CI, 0.47–0.90), P = 0.009	1.43 (95% CI, 1.18–1.72), P = 0.0002	1.58 (95% CI, 1.35–1.86), P < 0.0001
Repair vs replacement	0.17 (95% CI, 0.09–0.32), P < 0.0001	0.34 (95% CI, 0.24–0.48), P < 0.0001	0.54 (95% CI, 0.43–0.68), P < 0.0001



**Figure 3** Survival rate according to the type of surgical intervention and TRI-SCORE category. The figure displays Kaplan–Meier survival curves of the conservative management, the surgical tricuspid valve repair, and the surgical tricuspid valve replacement groups at 10 years: (A) overall and (B) in the low TRI-SCORE ( $\leq 3$  points), (C) intermediate TRI-SCORE (4–5 points), and (D) high TRI-SCORE ( $\geq 6$  points) categories



# TR lessons

*TR is bad*

*Annuloplasty works*

*Don't hurt RV /AV node*

*"Severe" TR is too late*

# Surgery for TR : How late Is too late?

- RV Dysfunction
  - ✓ Dobutamine stress test looking for an increase of 20% in cardiac output
  - ✓ Stroke volume RV outflow tract
  - ✓ If PHT invasive cardiac pressures and output assessment
- Biological Dysfunction
  - ✓ Liver : Bilirubin, INR
  - ✓ Creatinin level and clearance

**Right heart catheterisation is essential when facing PHT**  
**Patients die more of biological dysfunction than anything else**

# What can cardiologists learn from surgeons?

- Annular dilation without tethering is at best addressed by annuloplasty ring (or device) with excellent long-term results : less than 5% moderate or more TR at 10 years
- Tethering requires either a true repair or a valve replacement
- Isolated TR is not a contraindication given the absence of permanent RV failure and biological dysfunction
- Sick patients should require:
  - ✓ Right heart catheterization
  - ✓ Enhanced diuresis prior to intervention (decreased preload)
  - ✓ Study RV contractile reserve : Dobutamine test

# TR Incidence Post MV Repair

- Data regarding the exact rate of isolated TR requiring TEER after untreated mitral valve repair is still being explored
- **Post-Mitral Valve Repair TR:** Up to 25-35% of patients can develop significant TR following mitral valve repair if it wasn't addressed at the time of surgery.
- **TEER Use:** The rate of TEER for untreated TR post-mitral valve repair isn't universally agreed upon but estimates suggest that up to 5-10% of patients may eventually undergo TEER due to worsening regurgitation over time.

# Mortality rate of untreated tricuspid regurgitation (TR)

- **Secondary Tricuspid Regurgitation (TR)**

- ✓ **Severe TR:** Studies have shown that untreated severe secondary TR is associated with an **increased risk of mortality**, particularly when it is associated with heart failure or pulmonary hypertension.

Mortality rates can range from **20-50% over 5 years** depending on the severity of symptoms and the presence of right heart failure.

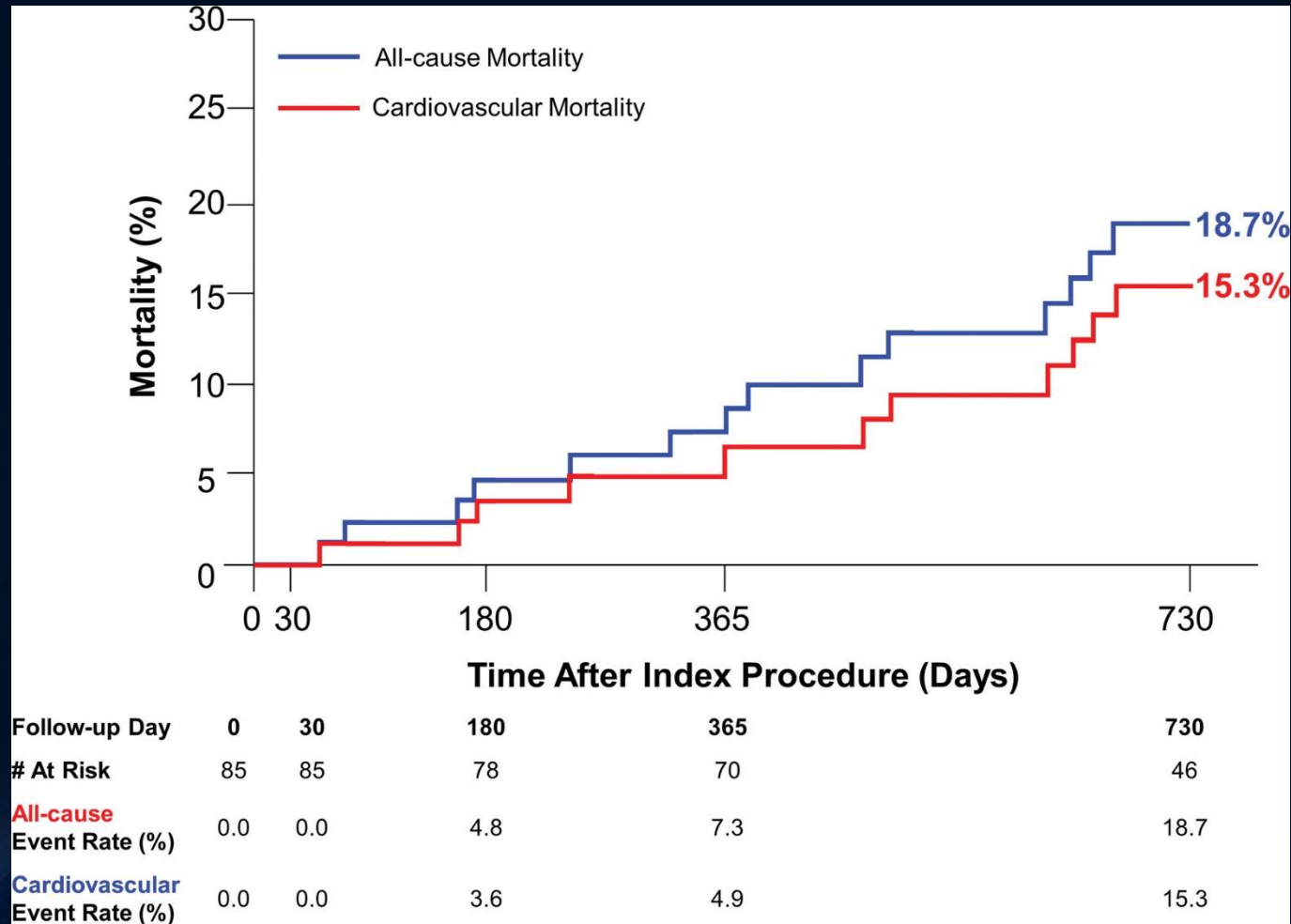
- ✓ **Heart Failure Patients:** In patients with heart failure and secondary TR, the mortality rate can approach **30-40% at 5 years** when TR is left untreated, largely due to worsening right ventricular failure and progression of systemic congestion.

# Mortality rate of untreated tricuspid regurgitation (TR)

- **Isolated Tricuspid Regurgitation (TR)**

- ✓ Isolated TR is less common but still associated with a progressive decline in right ventricular function and worsening heart failure if untreated. **Severe isolated TR, without intervention, can lead to a 20-30% 5-year mortality in symptomatic patients.**
- ✓ **Milder forms of TR:** In cases of mild or moderate TR, the mortality rate is lower, but progression to more severe disease can occur, leading to worse long-term outcomes.

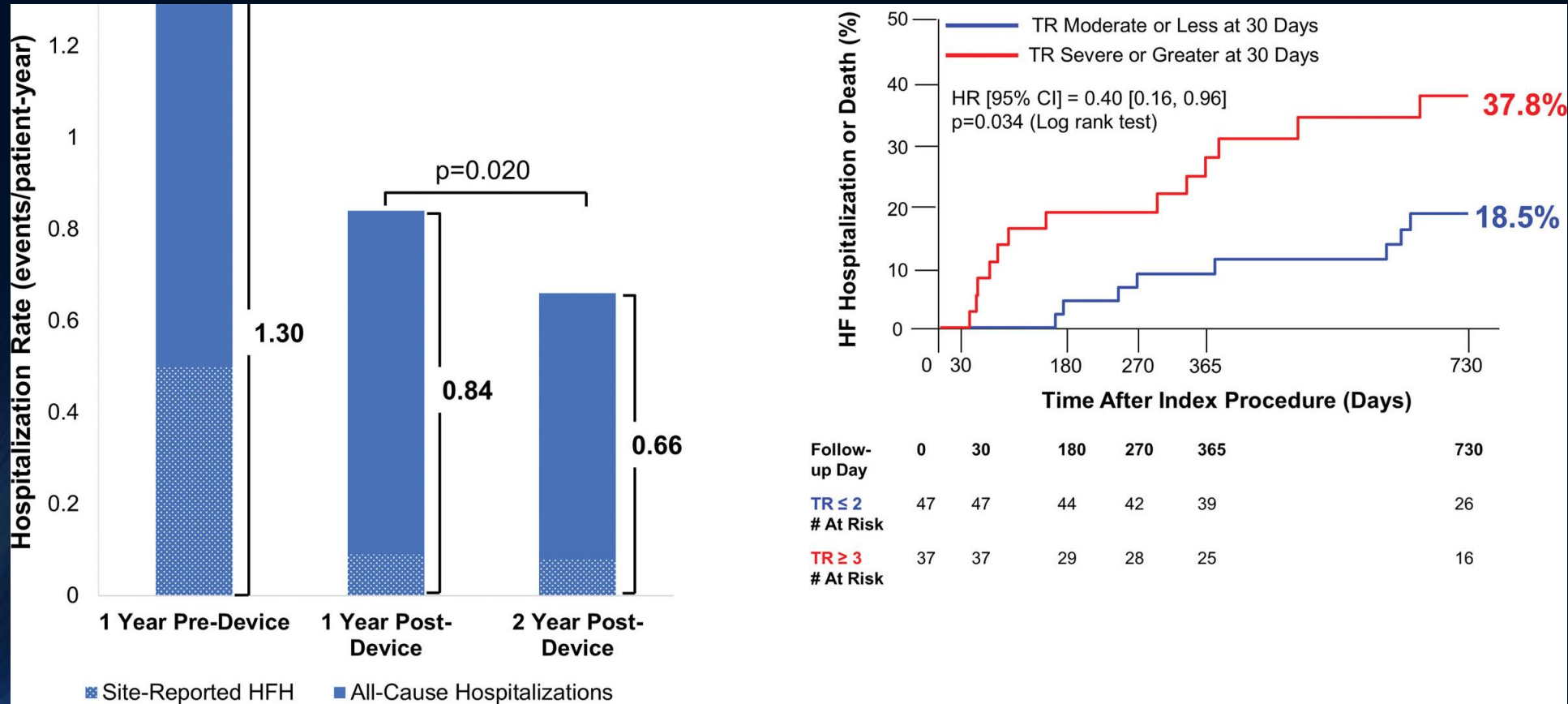
# Kaplan-Meier analysis of all-cause and cardiovascular mortality through 2 y



Ralph Stephan von Bardeleben et al.

Circulation: Cardiovascular Interventions - Volume 16, Number 8 - 15 August 2023

# Hospitalization rate and site-reported heart failure (HF) following the TriClip procedure





Early surgery or TEER is the key to success

# *TR 2024: Surgical management*

TR not important...	NO
Look for TR in OR...	NO
Not much TR around....	NO
Repair Mitral, TR goes away ...	NO
Adds operative mortality to do a TVr...	NO
Don't know how to, I'll hit the node...	NO
RV will fail...	NO
Will get TS...	NO
Won't make long-term difference...	NO
Guidelines are vague...	NO

*TR : don't ignore it...*

# Conclusions

- Isolated TR remains a therapeutical challenge
- Surgery carries a higher in-hospital mortality but provides better mid-term results
- Risk factors have to be well analysed
- Age, renal function, liver function and coagulation profile are essential to decide if surgery is better or not than TEER

**Thank You!**