

# How manage Cardiac Amyloidosis in Aortic Stenosis?

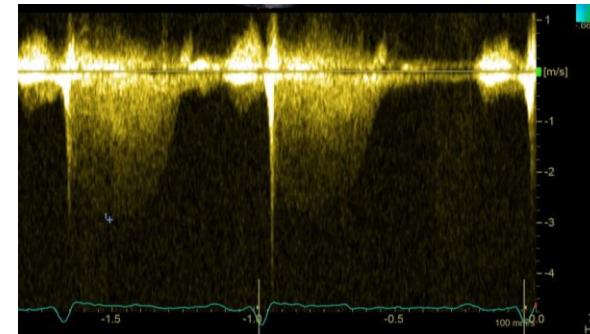
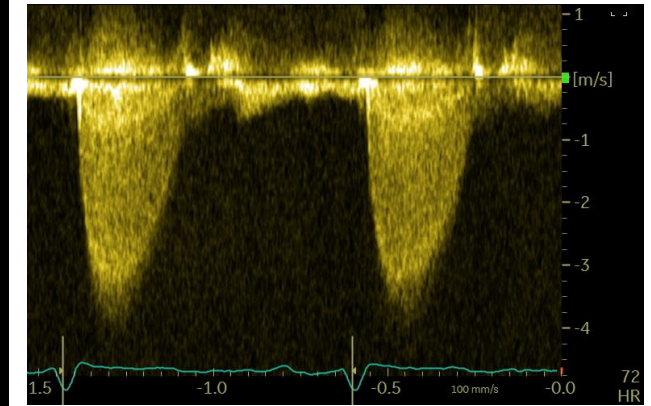
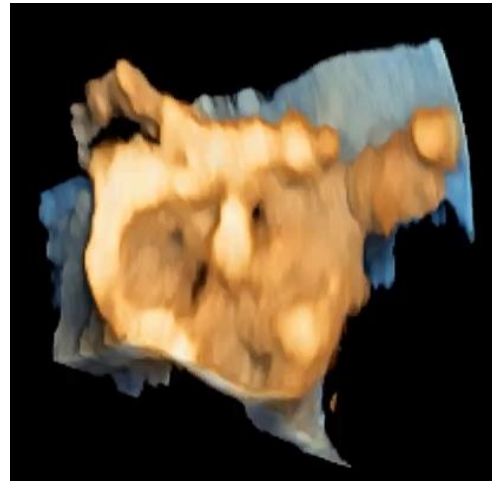
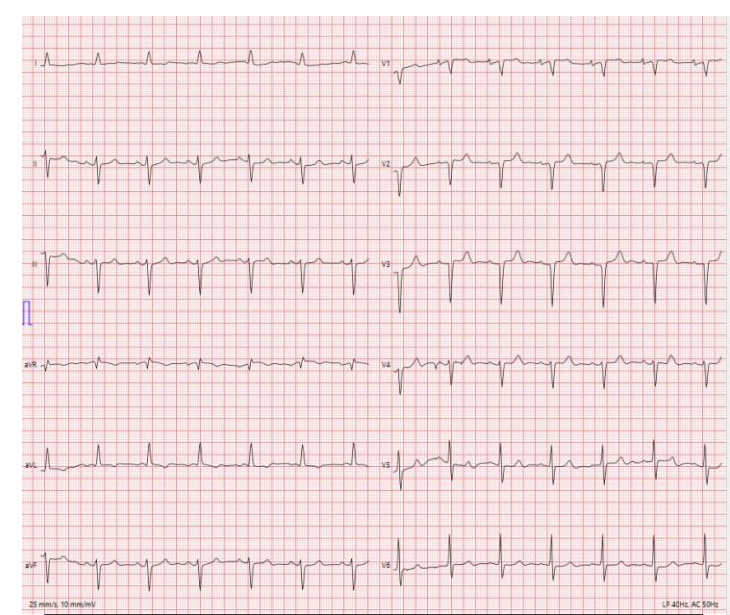


Dr Lieven Herbots

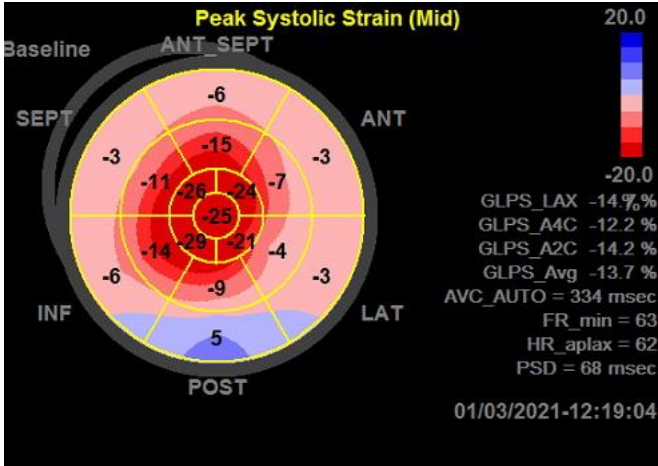
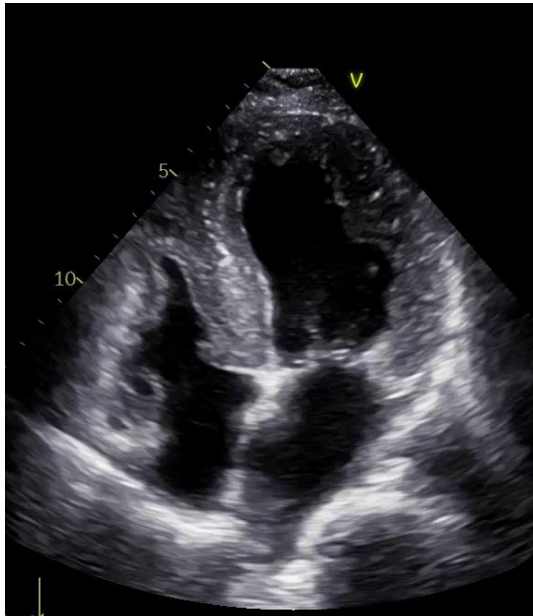
Eurovalve & Structural Cardiomyopathies  
Palermo 23 & 24 October 2024

# Case Male, 88y

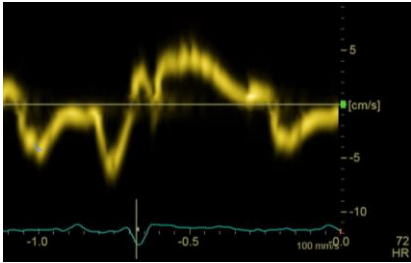
- 1 History of CAD  
Ptca LAD/RAC
- 2 LFLG AS:  
PG 36 mmHg, MG 22 mmHg  
AVA 0,8 cm<sup>2</sup>
- 3 Lower Backpains
- 4 Chronic Kidney Disease
- 5 Exercise-related runs of SVT
- 6 Left Ventricle Hypertrophy



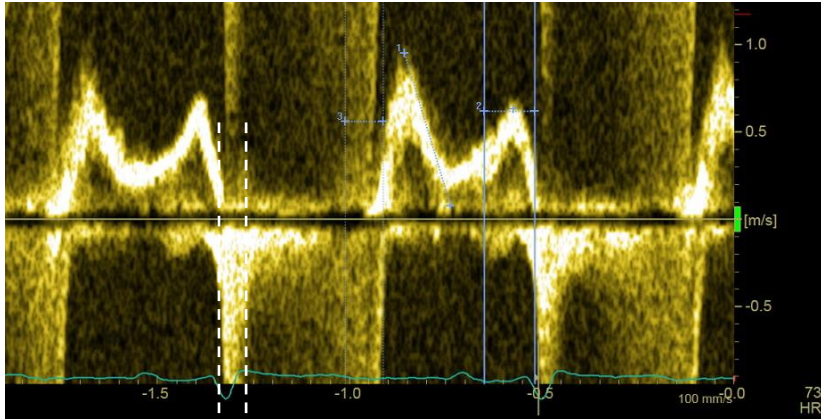
# Case Male, 88y



1

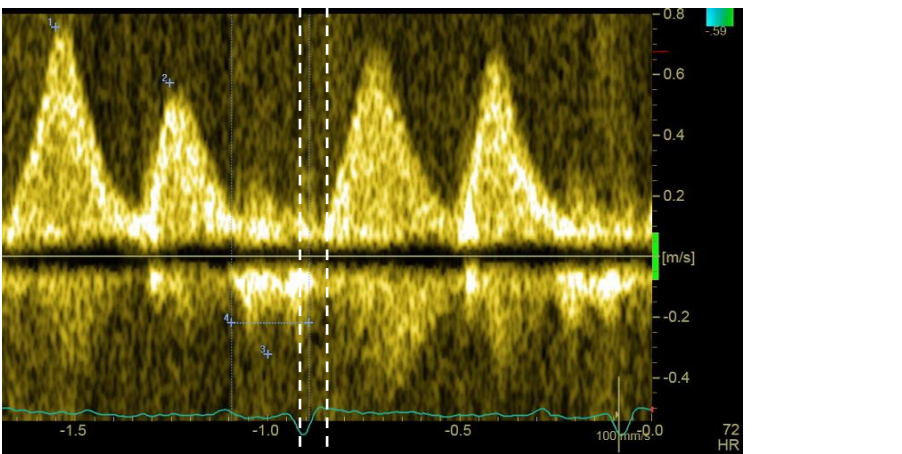


2



3

4



# Case Male, 88y, Evolution

- 1 All pre-TAVI examinations performed: eligible
- 2 Coronary Angiography: Ptca LAD
- 3 Bone Scan: Positive for ATTR Amyloidosis
- 4 The patient was denied TAVI because of CA and restricted nr/year
- 5 He was treated medically
- 6 He passed away last August, age 94y



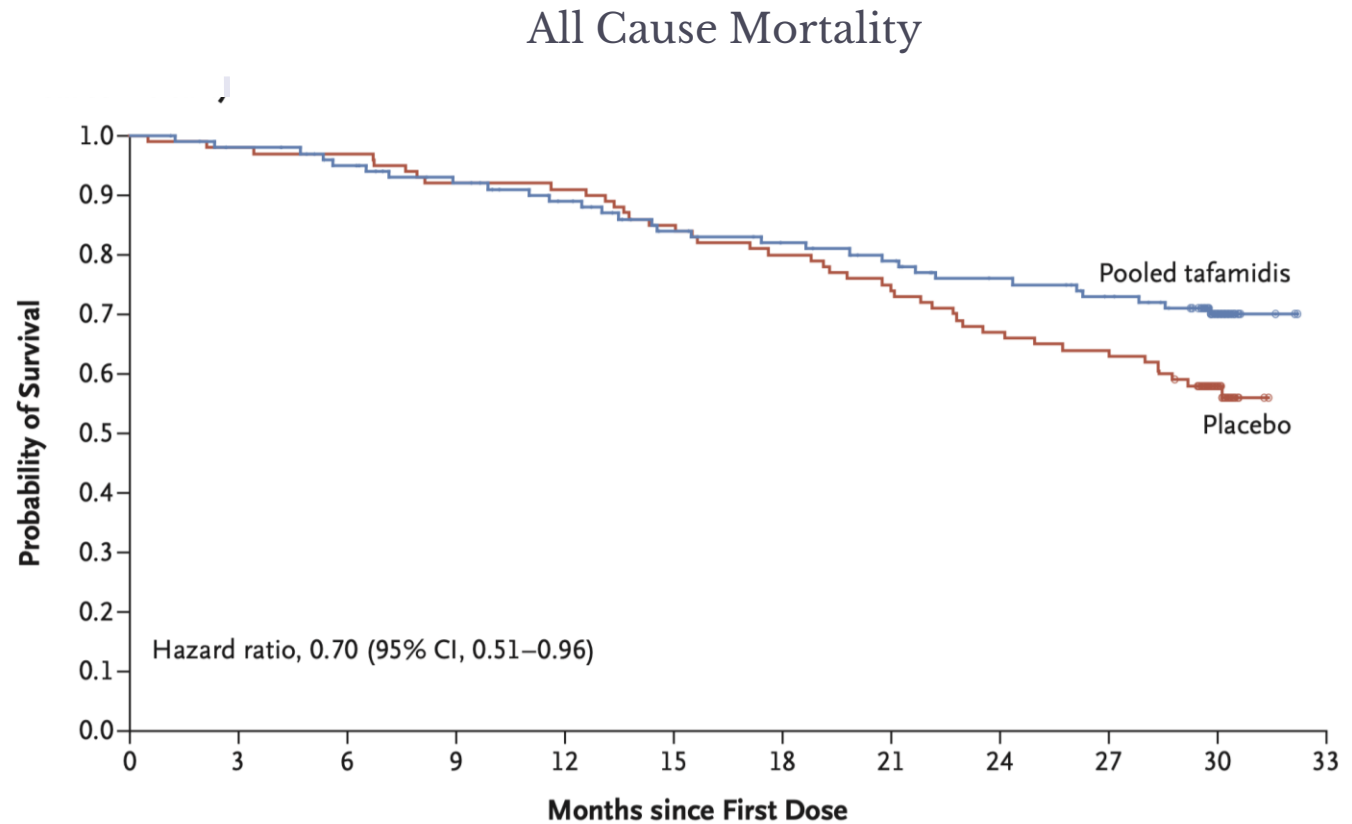
# Questions

- 1 Did we make the right decision to wait?
- 2 Do we have treatment options for ATTR and LC-CA?
- 3 When is LVH inappropriate? Other clues/red flags?
- 4 Is Bone-scintigraphy sufficient or biopsy?
- 5 Prevalence Cardiac Amyloid CMP?
- 6 Does AVR alone or with CA therapy change the prognosis?



# Tafamidis for TTR Amyloid CMP Pts

- 1 Reduced Mortality (30%)
- 2 Reduced CV Hosp (32%)
- 3 Improved Exercise Cap
- 4 Enhanced QUALI



**No. at Risk (cumulative no. of events)**

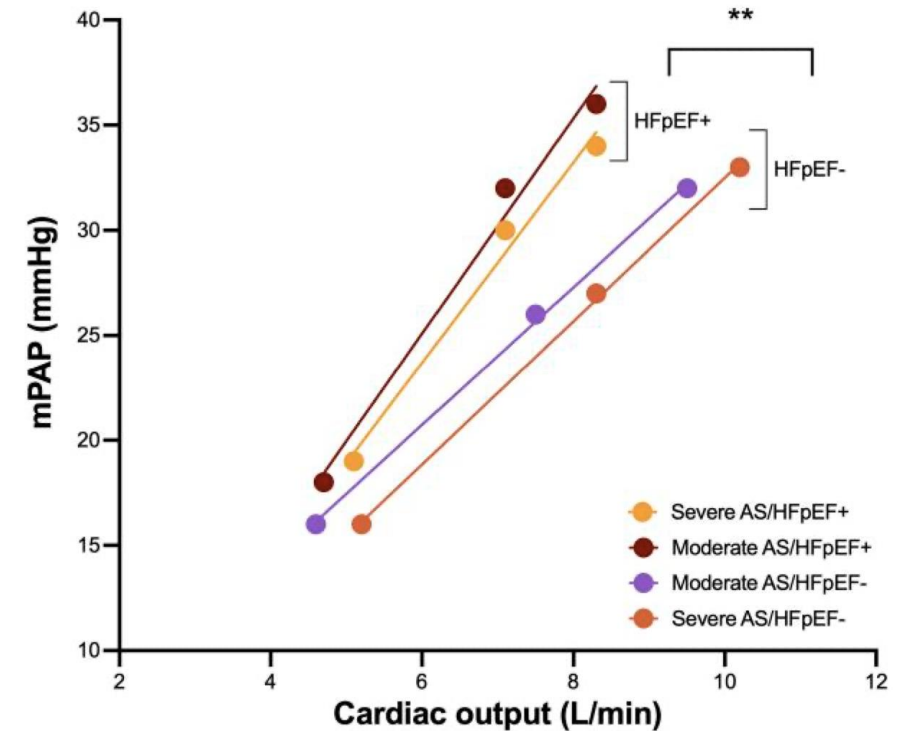
Pooled tafamidis	264 (0)	259 (5)	252 (12)	244 (20)	235 (29)	222 (42)	216 (48)	209 (55)	200 (64)	193 (71)	99 (78)	0 (78)
Placebo	177 (0)	173 (4)	171 (6)	163 (14)	161 (16)	150 (27)	141 (36)	131 (46)	118 (59)	113 (64)	51 (75)	0 (76)

Mathew Maurer

13 September 2018

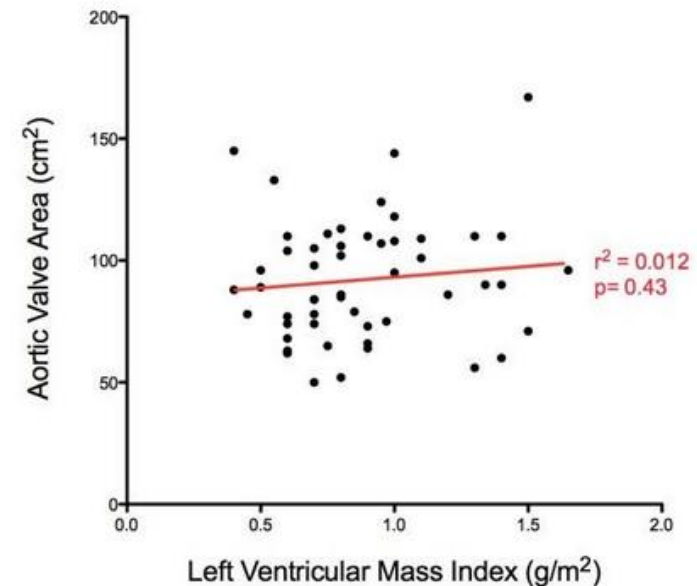
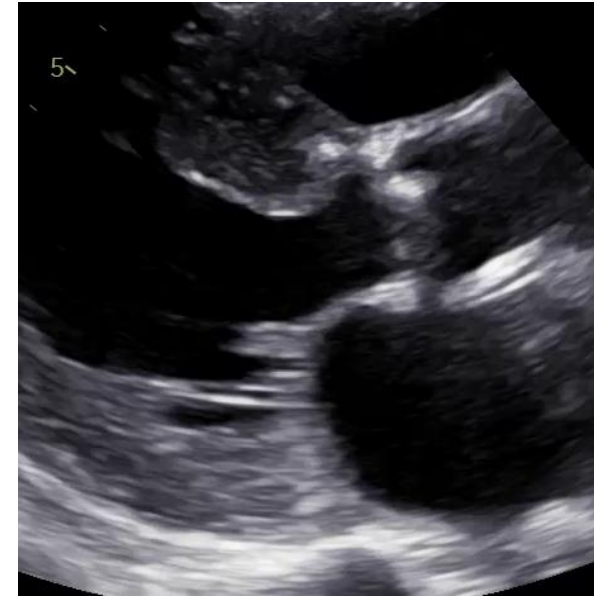
# What drives adverse HD in AS/HFpEF?

- 1 HFpEF scores - determine cardiac dysfunction
- 2 mPAP/CO slopes determine resistance RH
- 3 Relate HFpEF and AS to HD burden
- 4 Cardiac Dysfunction has more impact than AS



# Inappropriate Hypertrophy in AS

- 1 LVH early in the course of AS
- 2 Marked variation in the magnitude of response
- 3 Degree of LVH weakly related to AS severity
- 4 Hypertrophic Response more related to Age, Male, Obesity, AHT, Metabolic Syndrome
- 5 Increased arterial stiffness  
Reduced systemic arterial compliance





# Diagnostic Approach

1

## Clinical Suspicion

Recognise red flags in AS patients

2

## Non-Invasive Testing

Echo, ECG, CMR, nuclear imaging

3

## Biomarker Analysis

NT-proBNP, Troponin, light chains

4

## Tissue Biopsy

Endomyocardial or extra-cardiac confirmation





# Clinical Manifestations

## Heart Failure Symptoms

Disproportionate to AS severity

1

2

## Orthostatic Hypotension

Due to autonomic neuropathy

## Carpal Tunnel Syndrome

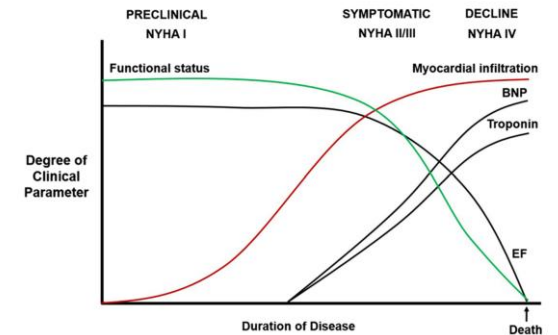
Bilateral involvement, often preceding cardiac symptoms

3

4

## Periferal Neuropathy

Sensory disturbances in extremities



# Echocardiographic Findings: Red Flags

1 Granular Sparkling of Myocardium

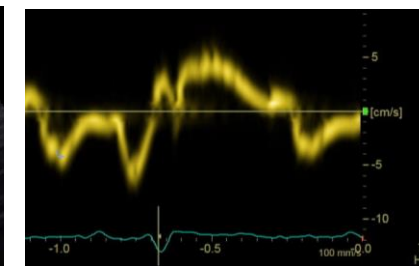
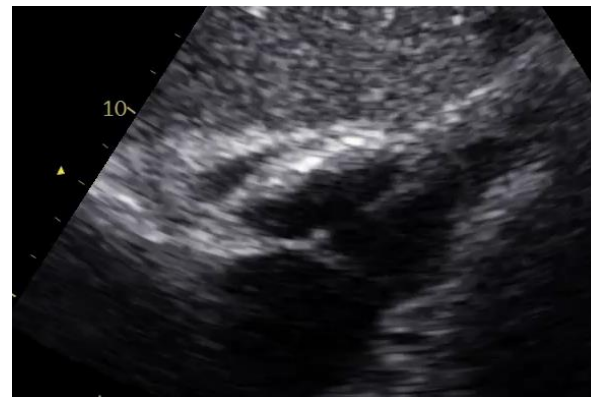
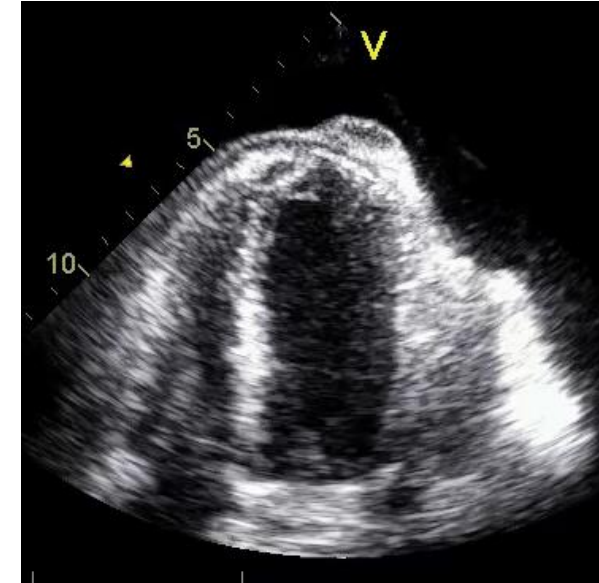
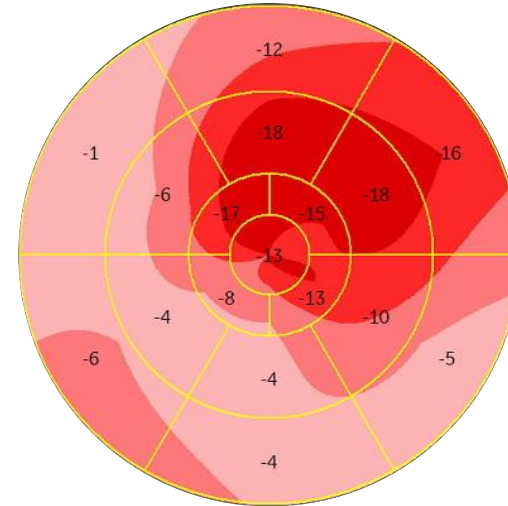
2 Pericardial Effusion

3 Low-Flow Low-Gradient Phenotype

4 Apical Sparing

5 Mitral Anulus S' < 6 cm/s

6 RV Involvement





# Laboratory Findings

Biomarker	Expected Finding
NT-proBNP	Markedly elevated
Troponin	Persistently elevated
Serum Free Light Chains	Abnormal ratio
Proteinuria	Present in AL amyloidosis



# Multimodality Imaging

Echocardiography  
LVH - AS

A

Single Photon Emission Tomography

B

Bone Scan  
Perugin Grd 2 Uptake

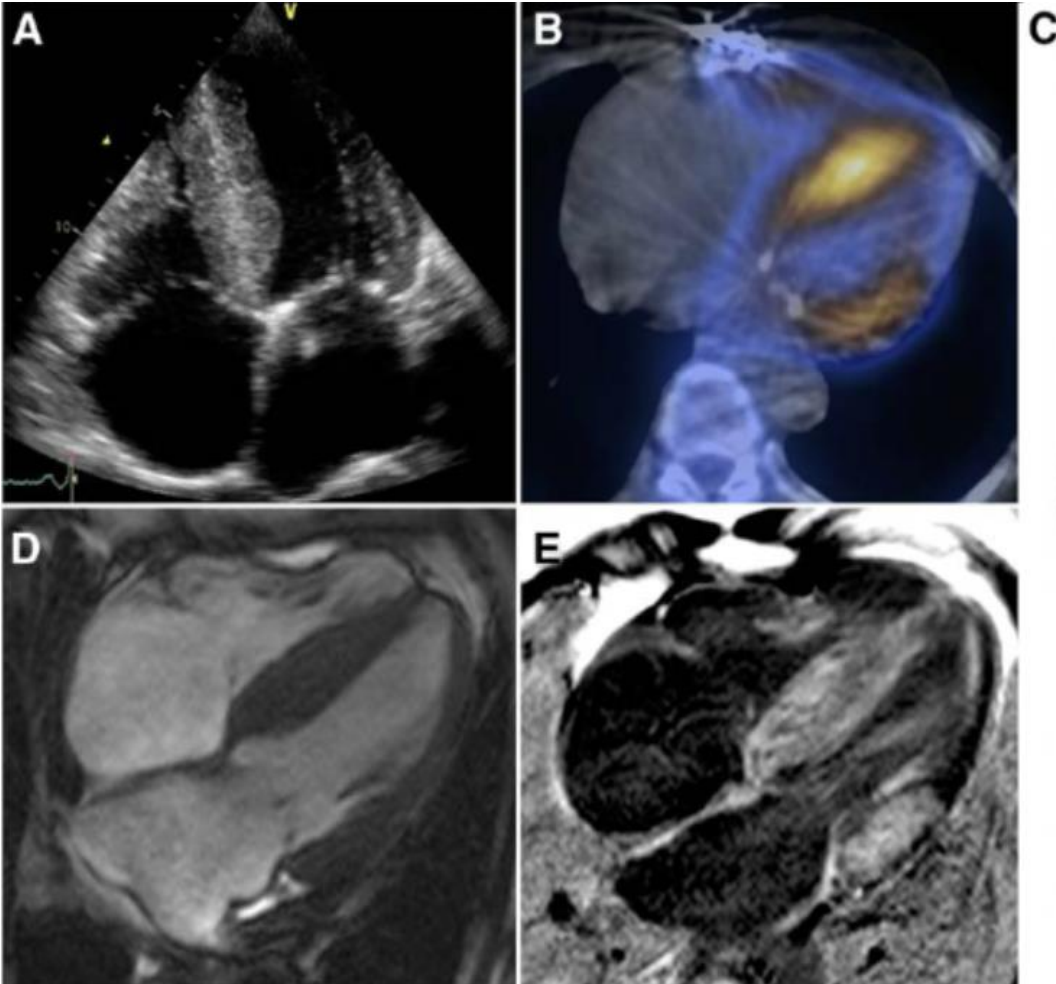
C

Cardiac Magnetic Resonance  
LVH - Impaired Syst Function

D

Cardiac Magnetic Resonance  
Transmural GDE

E

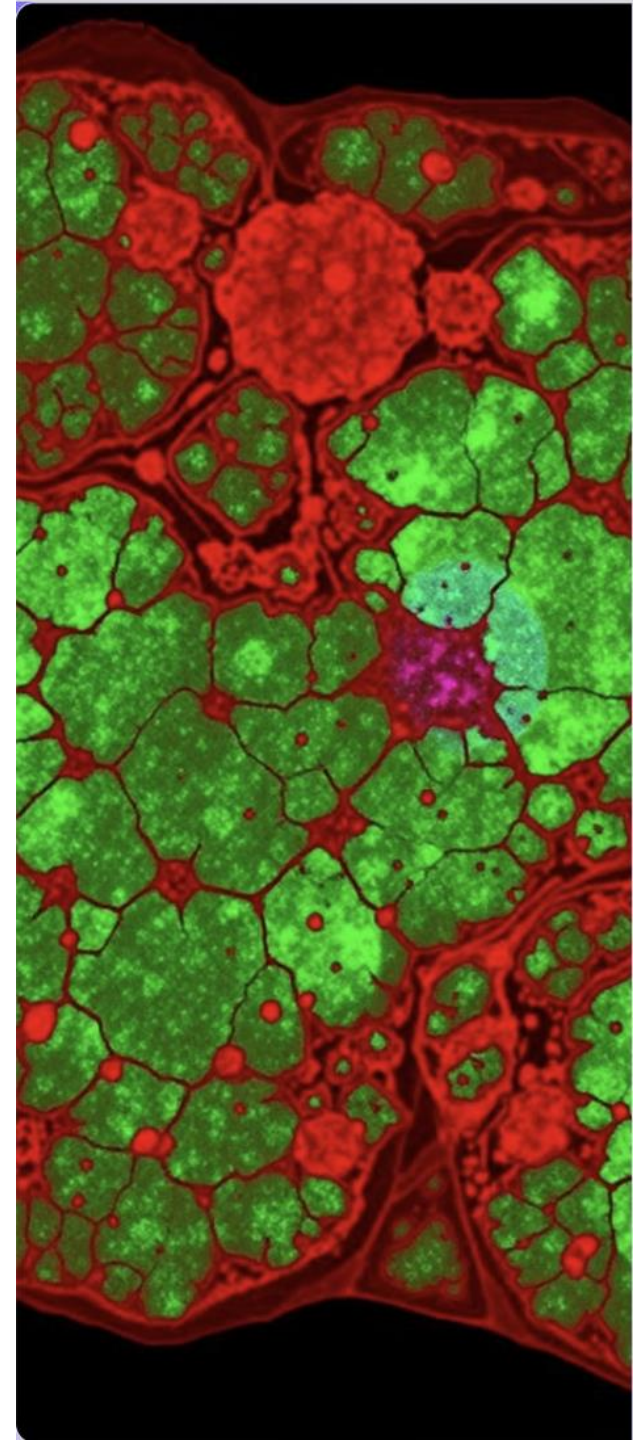


Hartcentrum Hasselt



# Is a Biopsy Required?

- 1 Technetium-labelled tracers bind to amyloid deposits.
- 2 They are a non-invasive alternative to biopsy
- 3 1217 pts – bone scan, biochemical and biospies
- 4 Diagnostic accuracy?
- 5 Sensitivity: 99%, Specificity 86%, False Pos in AL  
Combine with monoclonal protein
- 6 Bone scintigraphy is a reliable diagnosis tool in ATTR CA









# Prevalence & Prognosis

408 pts for TAVI, 48 CA

Prevalence 4-25%

Raise Score > 2

Discrimination lone AS vs AS/CA

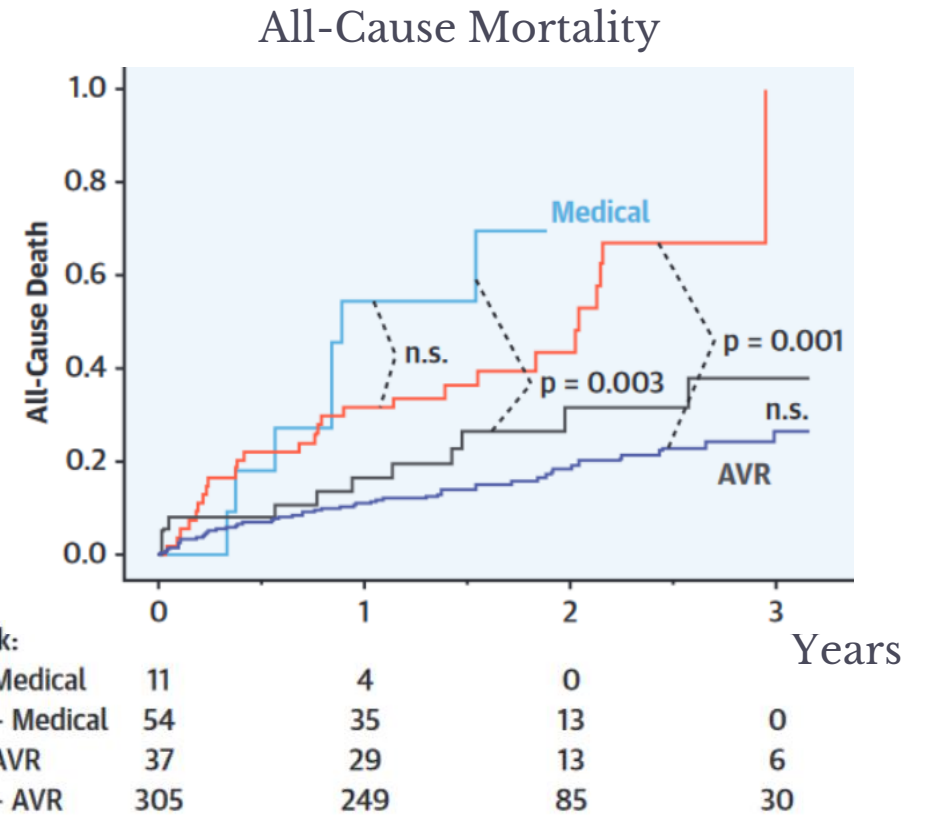
Clinical Score for Screening AS-CA					
Carpal Tunnel Syndrome	Wall Thickness	Age	E/A Ratio	RBBB/Low Voltage	Troponin
					
yes	> 18 mm	≥ 85y	> 1,4	RBBB	> 20 ng/l
3	1	1	1	2	1

1

2

3

4



CA is a disease modifier in AS  
Intervention not withheld



# Management Implications

1

## Early Detection

Crucial for timely intervention and prognosis

2

## Targeted Therapy

Amyloid-specific treatments

3

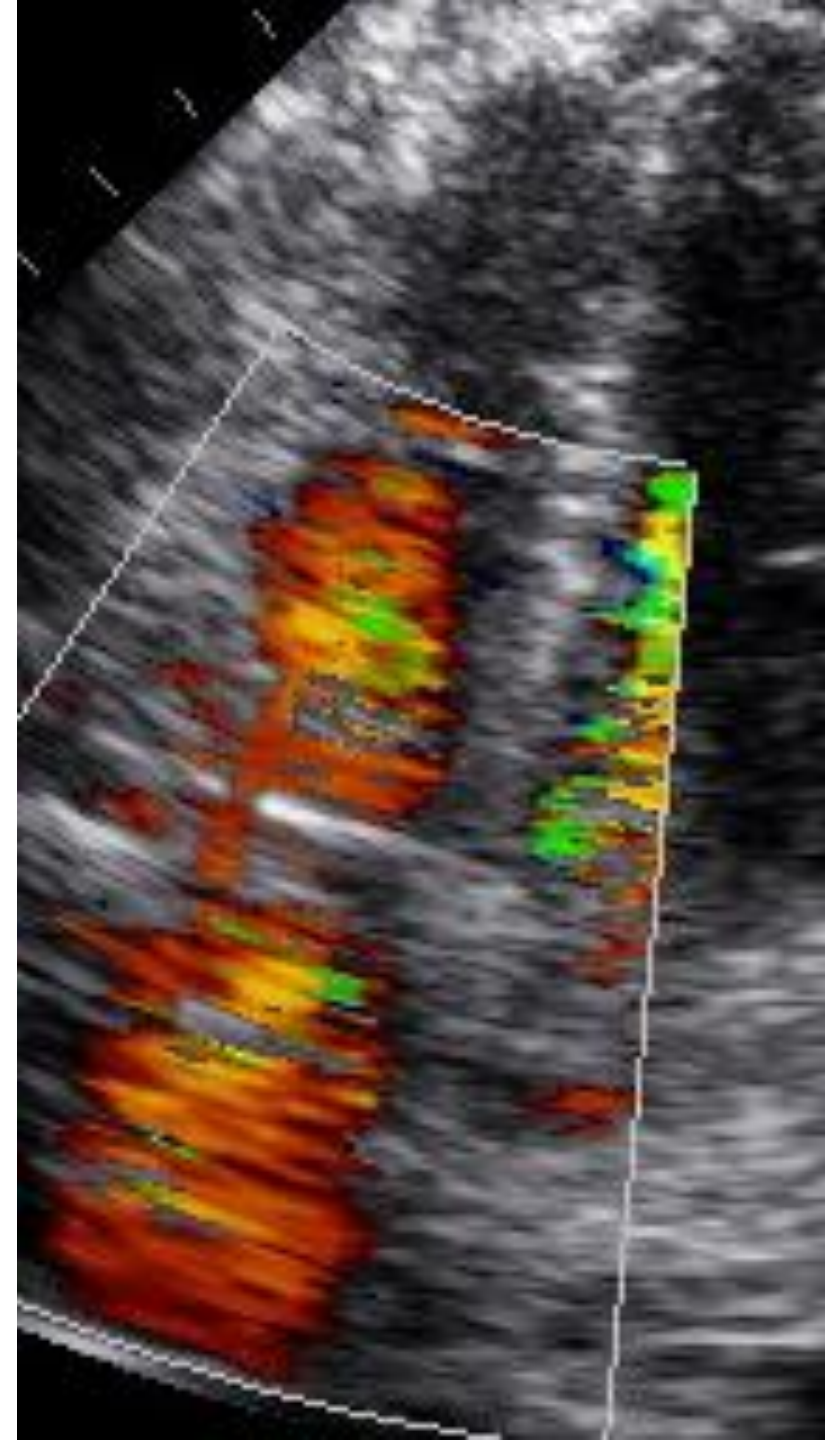
## Surgical Considerations

Higher risk for TAVR/SAVR in amyloidosis

4

## Multidisciplinary Approach

Collaboration between cardiology, hematology and genetics







# Conclusions

- 1 CA 4-25% prevalence (age groups studied)  
AS-CA older, male, carpal tunnel
- 2 Clinical Impact: higher mortality and HF burden
- 3 AS/CA altered treatment response: AVR and CA therapy  
TAVI benefits both AS-CA and AS alone pts
- 4 Need for improved screening strategies for early detection  
The RAISE score can effectively predict AS-CA
- 5 Multidisciplinary approach  
Card – CAH – Rad – Nuc – Gen – Haem
- 6 Optimising timing and therapy and improve outcome  
AS-CA: TAVI and ATTR-CA specific therapy

Patient Group	Mortality (1+ year follow-up)
AS-CA	33%
AS Alone	22%